

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D-III KEBIDANAN
LAPORAN TUGAS AKHIR, APRIL 2020**

ZANATUN MUTMA INNAH

**Asuhan Kebidanan Komprehensif Pada Ny. Y Di Praktik Mandiri Bidan
Zurrahmi Kota Pekanbaru**

xi + 159 halaman, 5 tabel, 9 lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan secara komprehensif. Asuhan kebidanan komprehensif dan berkesinambungan dilakukan dari masa hamil Trimester III bersalin, nifas, dan neonatus, di PMB Zurrahmi kota Pekanbaru. Pengambilan kasus dimulai pada bulan Desember 2019 sampai januari 2020 dengan 10 kali kunjungan yaitu masa hamil 3 kali, bersalin 1 kali, nifas 3 kali, dan neonatus 3 kali dengan cara pengkajian, pemeriksaan fisik, observasi, pendidikan kesehatan, dan konseling. Pada kehamilan Ny. Y ditemukan masalah yaitu ibu mengalami anemia dan mengeluh nyeri pinggang serta Braxton hicks yang diatasi dengan penkes dan pemberian tablet Fe sesuai kebutuhan. Proses persalinan berjalan normal, pada tanggal 25 Desember 2019 ibu melahirkan pada usia Kehamilan 39 minggu 3 hari. Persalinan berjalan normal tanpa komplikasi, anak lahir spontan dengan jenis kelamin laki-laki, Berat badan 3.200 gr, panjang badan 50 cm. Pada masa nifas ibu mengeluh nyeri pada luka perineum dan ASI belum keluar. Setelah diberikan pendidikan kesehatan berupa perawatan luka perineum, pijat oksitosin dan perawatan payudara masalah ibu dapat diatasi. Pada kunjungan neonatus tidak ditemukan masalah, bayi diberikan ASI dan dilakukan pijat bayi. Tali pusat lepas pada hari ke 7 dan pada usia 28 hari berat badan bayi mencapai 4.400 gr. Diharapkan kepada penyedia layanan kesehatan khususnya bidan dapat meningkatkan pelayanan secara komprehensif dan sesuai dengan standar asuhan kebidanan serta dapat mengikuti perkembangan ilmu pengetahuan kesehatan.

Kata kunci : *CoMC*, Anemia

Daftar Pustaka : 37 Referensi (2009-2018)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY
FINAL PROJECT REPORT, APRIL 2020**

ZANATUN MUTMA INNAH

**omprehensive Midwifery Care To Mrs. Y At Praktik Mandiri Bidan
Zurrahmi Pekanbaru**

xi + 159 pages, 5 tables, 9 attachments

ABSTRACT

One of the preventionto prevent one of the one of the complications of preventionin pregnancy, childbirth, puerperium and neonates are with comprehensive midwifery care. Comprehensive and continuous midwifery care is carried out from the trimester III pregnancy period, childbirth, and neonates, at PMB Zurrahmi, Pekanbaru. Case taking began in December 2019 until January 2020 with 10 visits, namely 3 times pregnant, 1 delivery, 3 times postpartum, and 3 times neonates by means of assessment, physical examination, observation, health education, andcounseling. In pregnancy, Mrs. Y was found to have problems, namely the mother had anemia and complained of low back pain and Braxton hicks which is overcome by health education and Fe tablets as needed. The delivery process was normal, on December 25 2019. Mother gave birth at 39 weeks 3 days gestation. Childbirth is ruuning without complicaations, the child is born spontaneously with male sex, body weight 3.200 gr, body length 50 cm. During the puerperal period, mothers complained of pain in the perineal wound and breast milk had not come out. After being given health education in the form of treatment of perineal wounds, massageoxitosin and breast care, maternal problems can be resolved. There were no problems with neonates, the baby was given ASI and the baby was given a massage. The umbilical cord is removed on day 7 and at 28 days the baby's weight reaches 4,400 gr. It is expected that health service providers, especially midwives, can improve service comprehensively and in accordance with midwifery care standars and be able to keep up with scientific developments.

Keywords : *CoMc, Anemia*

References : 37 references (2009-2018)