

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI KLINIK PRATAMA
KARYA BAKTI PEKANBARU TAHUN 2019**

155 Halaman, 4 Tabel, 9 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif adalah asuhan yang dimulai sejak hamil, bersalin, nifas dan neonatus guna untuk mendeteksi dini komplikasi yang mungkin terjadi. Pengambilan kasus dilaksanakan di Klinik Pratama Karya Bakti Pekanbaru pada bulan Desember 2019 sampai Februari 2020. Pelaksanaanya asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan Ny.D dilakukan kunjungan sebanyak 9 kali. Selama kunjungan kehamilan pada Ny. D G₄P₃A₀H₃ keluhan yang ditemukan adalah nyeri perut bagian bawah dan dapat diatasi dengan memberikan pendidikan kesehatan tentang mengatasi keluhan yang dialami. Persalinan Ny. D berlangsung pada usia kehamilan 39 minggu dengan lama kala I fase aktif 4 jam, kala II 10 menit, kala III 8 menit, dan kala IV 2 jam ibu melahirkan normal. Bayi Ny. D lahir normal dengan jenis kelamin perempuan dengan BB 3500 gr dan PB 49 cm dan tidak terdapat laserasi jalan lahir. Saat kunjungan nifas ibu dalam keadaan normal di dapat masalah ASI keluar sedikit dan perut masih terasa mulas, keluhan tersebut dapat diatasi dengan memberikan pendidikan kesehatan serta mengajarkan teknik pijat oksitosin dan senam nifas. Selama kunjungan neonatus terdapat keluhan tumbuh bintik merah dijidat bayi, hal ini teratasi dengan pendidikan kesehatan, selain itu mengajarkan ibu pijat bayi dan kenaikan BB bayi sebesar 500 gr. Disarankan kepada bidan agar dapat melakukan asuhan secara menyeluruh dan berkesinambungan mulai dari kehamilan, persalinan, nifas, bayi baru lahir, hingga pemilihan alat kontrasepsi.

Kata kunci : *Asuhan Kebidanan Ibu Hamil, Bersalin, Nifas Dan Neonatus*
Daftar Bacaan : 32 referensi (2003-2018)

MINISTRY OF HEALTH, REPUBLIC OF INDONESIA

**POLYTECHNIC OF HEALTH, RIAU
STUDY PROGRAM D III Midwifery**

FINAL PROJECT REPORT, APRIL 2020

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**COMPREHENSIVE MIDWIFERY CARE IN NY. D IN KLINIK PRATAMA KARYA
BAKTI PEKANBARU, 2019**

155 Pages, 4 Tables, 9 Appendices

ABSTRAK

Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) are the main indicators of a country's health status. In an effort to reduce MMR and IMR, midwives have an important role to do is midwifery with the aim of being able to detect early complications that may occur in pregnancy, childbirth, newborns. The case taking was carried out at the Pratama Karya Bakti Pekanbaru Clinic in December 2019 to February 2020. The implementation of midwifery care with a midwifery management approach was documented using the SOAP method. Mrs. D.'s midwifery care was visited 9 times. During pregnancy visit to Mrs. D G4P3A0H3 complaints found are lower abdominal pain and can be overcome by providing health education about dealing with complaints that are experienced. Childbirth D takes place at 39 weeks gestation with a length of time I active phase 4 hours, II time 10 minutes, III time 8 minutes, and when IV 2 hours the mother gives birth normally. Mrs D was born normal female sex with BB 3500 gr and PB 49 cm and there was no laceration of the birth canal. When the postpartum visit of the mother under normal circumstances can be a little milk problems come out and the stomach still feels heartburn, these complaints can be overcome by providing health education and teaches oxytocin massage techniques and puerperal gymnastics. During the neonatal visit there were complaints of growing red spots on the baby's target, this was resolved by health education, in addition to teaching the baby to massage the baby and increase the weight of the baby by 500 gr. It is recommended to midwives to be able to carry out comprehensive and continuous care starting from pregnancy, childbirth, newborns, to the selection of contraceptives.

Keywords : *Midwifery Care for Pregnant Women, Maternity, Postpartum, and Neonates*
Reading List : 32 references (2003-2018)