

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. "I" DI PRAKTIK
MANDIRI BIDAN (PMB) ROSITA KOTA PEKANBARU
XII + 114 HAL + 11 TABEL + 8 LAMPIRAN**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan yang berkesinambungan. Asuhan kebidanan dilakukan di PMB Rosita dan dilanjutkan kunjungan ke rumah Ny. I, dimulai dari bulan November 2019 sampai dengan bulan Desember 2019 sebanyak 10 kali kunjungan yaitu masa kehamilan 3 kali kunjungan, mendampingi saat persalinan 1 kali, nifas 3 kali dan neonatus 3 kali kunjungan. Asuhan kehamilan pada Ny. I G₃ P₂ A₀ H₂ UK 36-37 minggu terdapat keluhan atau ketidaknyamanan yang dialami Ny. I yaitu sering BAK, nyeri punggung, nyeri pada perut bagian bawah yang hilang timbul hal tersebut dapat teratasi dengan memberikan pendidikan kesehatan berkelanjutan. Proses persalinan berjalan normal dengan kala I berlangsung 10 jam, kala II 20 menit, kala III 10 menit, dan kala IV 2 jam dan didapatkan laserasi derajat II. Pada tanggal 28 November 2019 Pukul 08.30 WIB, Bayi Ny. I lahir dengan jenis kelamin perempuan, menangis kuat, bergerak aktif, berat badan 3400 gram, dan panjang badan 46 cm. Pada masa nifas terdapat keluhan ASI belum lancar, nyeri pada luka bekas jahitan perinium, asuhan telah diberikan dan dapat teratasi. Pada masa neonatus terjadi ikterus fisiologis pada bayi dengan anjuran yang telah diberikan oleh bidan maka ikterus yang terjadi pada bayi dapat teratasi. Disarankan bagi tenaga kesehatan seperti bidan yang bekerja di klinik tersebut untuk lebih memastikan ibu untuk memberikan ASI Eksklusif pada bayinya agar dapat mencegah terjadinya ikterus pada bayi yang mungkin terjadi dan memberikan asuhan kebidanan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus.*

Daftar Bacaan : 28 referensi (2007-2018)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

FINAL PROJECT REPORT, APRIL 2020

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**COMPREHENSIVE MIDWIFERY CARE AT NY. "I" AT THE MIDWIFE
INDEPENDENT PRACTICE (PMB) ROSITA PEKANBARU CITY
XII, 114 PAGE, 11 TABLE, 8 ATTACHMENT**

ABSTRACT

The purpose of this thesis report is an effort to reduce AKI that can be done with comprehensive midwifery care provided comprehensively starting from the period of pregnancy, childbirth, postpartum, neonates and family planning. Midwifery care is performed at PMB Rosita and followed by visits to Mrs. I's home, starting from November 2019 to December 2019, there were 10 visits, namely 3 times of pregnancy, 1 time of labor, 3 times of labor and 3 times of neonates. At the time of the pregnancy visit there were complaints or discomfort experienced by Mrs. I, namely frequent urination, back pain, lower abdominal pain arising from the care given to urinate frequently, namely telling the mother that 2 hours before bedtime she did not drink water. and don't stand too much to reduce back pain that can be overcome by providing continuing health education. The delivery process takes place normally with the first stage lasting 10 hours, the second stage 20 minutes, the third stage 10 minutes, and the second stage 2 hours and getting a second degree laceration. On 28 November 2019 at 08.30 West Indonesian Time, Ny. I was born with a female gender, strong crying, active movements, body weight 3400 grams, and body length of 46 cm. During the puerperal period there were complaints of breast milk not yet smooth, pain in perinium suture wounds, care was given and can be overcome. As long as neonatal jaundice occurs in infants with the advice given by the midwife to be able to take full care of it, jaundice that occurs in infants can be overcome. It is expected that the midwife profession in providing comprehensive midwifery care can detect possible early complications and provide midwifery care in accordance with midwifery service standards.

Keywords : *Midwifery care pregnancy, childbirth, the puerperium, neonatus*

Reference : 28Reference (2007-2018)