

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2020  
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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI KLINIK PRATAMA  
ARRABIH KOTA PEKANBARU TAHUN 2020**

**xi + 126 Halaman, 5 Tabel, 7 Lampiran**

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**ABSTRAK**

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *continuity of Midwifery care (CoMC)*. Asuhan kebidanan ini bertujuan memberikan asuhan kebidanan komprehensif untuk mendeteksi secara dini komplikasi dan resiko tinggi pada ibu serta mendampingi ibu yang dimulai dari kehamilan, bersalin, masa nifas, dan neonatus. Pelaksanaannya dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen. Asuhan kebidanan ini dilakukan dari bulan November sampai Januari 2020 di Klinik Pratama arrabih, sebanyak 9 kali kunjungan yaitu masa hamil 3 kali, nifas 3 kali, neonatus 3 kali. Asuhan kehamilan G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub> dengan masalah nyeri perut bagian bawah dan sering Buang Air Kecil, dilakukan asuhan dengan memberikan pendidikan kesehatan tentang cara mengatasi keluhan yang dialami dan ketidaknyamanan ibu teratasi. Persalinan normal sesuai dengan APN dan pengurangan rasa nyeri melakukan masasage effleuarge dan menghadirkan pendamping. Bayi lahir ibu normal dengan BB 4200 gram JK perempuan. Pada masa nifas Ny.I P<sub>3</sub>A<sub>0</sub>H<sub>3</sub> mengeluh pengeluaran ASI kurang lancar dan di lakukan perawatan payudara dan mengajarkan senam nifas, masa nifas tidak ada tanda – tanda infeksi dan ibu askeptor KB IUD. Asuhan neonatus normal terjadi penurunan BB fisiologis 1,6%, Melakukan asuhan pijat bayi pada hari ke dua puluh satu terjadi kenaikan BB 15% (normal). Diharapkan bidan dapat memberikan asuhan kebidanan berkelanjutan mulai dari hamil, bersalin, nifas dan neonatus.

Kata kunci : *Asuhan Kebidanan Ibu Hamil, Bersalin, Nifas Dan Neonatus*

Daftar Bacaan : 20 referensi (2002-2016)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
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STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, APRIL 2020**

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. I CLICNIC PRATAMA  
ARRABIH OF PEKANBARU IN 2019**

**xi + 126 pages , 5 tables, 7 attachments**

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**ABSTRAK**

One effort in the prevention and management of complications is pregnancy, labor, childbirth and neonates is with *continuity of Midwifery care (CoMC)*. This midwifery care aims to provide comprehensive midwifery care to detect complication and high risk early in the mother and assist mothers who start from pregnancy, maternity, postpartum, and neonates at the self-contained midwifery practice Hasna Dewi in Pekanbaru. The implimentation was carried out according to midwifery care standards with a midwifery management approach.. This midwifery care is carried out from November to January 2020 at the Primary Clinic arrabih, as many as 9 visits namely 3 times pregnant, postpartum 3 times, 3 times neonates. G3P2A0H2 pregnancy care with, lower abdominal pain problems and frequent urination, care is done by providing health education about how to deal with complaints that are experienced and the mother's discomfort is resolved. Normal delivery in accordance with the APN and relief of pain performs an effleuarge massage and presents a companion. The baby is born a normal mother with 4200 grams of JK female JK. During the puerperium Mrs. P3A0H3 complained that the expenditure of breast milk was not smooth and performed breast care and taught the puerperal exercise, the puerperium there were no signs of infection and the mother of IUD KB acceptors. Normal neonatal care decreased by 1.6% physiological weight, Performing infant massage care on the twenty-one day increased body weight by 15% (normal). It is hoped that midwives can provide ongoing midwifery care starting from pregnancy, childbirth, puerperium and neonates.

**Keywords : Midwifery care, pregnancy, labor, postpartum, low birth  
Weigh**

**Reference : 20 reference (2002-2016)**