

ABSTRACT

Ramli (2020). Nursing care for clients with hypertension at the Pekanbaru Level IV Army Hospital in Riau. Case Study Scientific Papers, Pekanbaru Nursing D- III Study Program, Department of Nursing, Riau Health Ministry Polytechnic. Advisor (I) Ns. Ardenny, S.Kep, M.Kep, (II) Ns. Usraleli, M.Kep.

The prevalence of hypertension is predicted to continue to increase sharply in 2025 by 29% in adults worldwide. Every year hypertension has caused the death of around 8 million people. Data from the World Health Organization (WHO) in 2015 showed that around 1.13 billion people in the world have hypertension, meaning that 1 in 3 people in the world is diagnosed with hypertension.

Other complaints that are commonly felt by hypertensive patients are headaches and dizziness, fatigue, weakness, shortness of breath, and anxiety. The purpose of this paper is that students are able to provide Comprehensive Nursing Care with the Case Study method conducted on April 5-9, 2020. The results of this case study show that Ny. S has hypertension with two nursing problems, insomnia, discomfort. Suggestions for further authors is that this Case Study can be developed further in accordance with more detailed nursing care to produce higher quality nursing care and benefit patients.

Key word : Hypertension

KATA PENGANTAR

Puji syukur penulis ucapkan kehadiran Allah Yang Maha Esa karena Berkat, Rahmat dan Karunia-Nya sehingga penulis dapat menyelesaikan Karya Tulis Ilmiah Studi Kasus ini dengan judul **Asuhan Keperawatan pada Klien Dengan Hipertensi di Rumah Sakit Tentara Tingkat IV Pekanbaru.**

Karya Tulis Ilmiah Studi Kasus ini ditulis untuk memenuhi syarat dalam menyelesaikan program studi DIII Keperawatan Jurusan Keperawatan Poltekkes Kemenkes Riau. Dalam menyelesaikan tugas ini penulis banyak mendapatkan bantuan baik bersifat bimbingan, petunjuk maupun dukungan moril. Pada kesempatan ini perkenankan penulis mengucapkan banyak terima kasih kepada semua pihak yang telah membantu dalam pembuatan Karya Tulis Ilmiah Studi Kasus ini, diantaranya :

1. Bapak Husnan, S.Kp, MKM selaku Direktur Poltekkes Kemenkes Riau.
2. Bapak dr. Alexander Indra Humala Sibarani, Sp.OG selaku Kepala Rumah Sakit Tentara Tingkat IV Pekanbaru.
3. Ibu Hj. Rusherina S.Pd, S.Kep, M.Kes, selaku Ketua Jurusan Keperawatan Poltekkes Kemenkes Riau.
4. Ibu Idayanti, Spd, M.Kes selaku Ketua Program Studi D III Keperawatan Poltekkes Kemenkes Riau.
5. Bapak Ns. Ardenny S.Kep, M.Kep, selaku Pembimbing I.
6. Ibu Ns. Usraleli, M.Kep selaku Dosen Pembimbing II.
7. Ibu Ns. Syafrisar Meri A., M.Kep selaku Penguji I.
8. Ibu Masnun, SST, S.Kep., M.Biomed selaku Penguji II.