

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA**

**POLTEKKES KEMENKES RIAU**

**PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR**

**TITIN MALADEWI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. "I" DI KLINIK PRATAMA  
TAMAN SARI 2 PEKANBARU**

**± 154 Halaman, 4 Tabel, 8 Lampiran**

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### **ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan dengan berbagai metode asuhan, salah satunya adalah metode asuhan kebidanan komprehensif. Asuhan komprehensif ini dilakukan untuk memantau kesejahteraan pasien dan melakukan pencegahan serta penanganan dini pada komplikasi mulai kehamilan, persalinan, nifas dan neonatus. CoMC ini dilakukan dari bulan Desember 2019 - Februari 2020 sebanyak 4 kali kunjungan hamil, 3 kali kunjungan nifas dan 3 kali kunjungan neonatus dengan berbagai instrument seperti format, leaflet dan alat-alat dalam pemeriksaan kebidanan. Asuhan ini dilakukan dengan manajemen kebidanan dan didokumentasikan menggunakan metode SOAP. Pada kasus Ny. I selama kehamilan Trimester III ditemukan keluhan kaki bengkak dan pusing sehingga diberikan pendidikan kesehatan dan *foot massage* sehingga terselesaikan, sedangkan masalah yaitu anemia ringan yang berhasil diatasi setelah diberikan menu seimbang dan penambahan tablet Fe. Pada masa persalinan Ny.I berlangsung spontan dengan rupture perineum derajat dua dan usia kehamilan 41 minggu dan Kala I-Kala IV normal. Pada masa nifas ditemukan masalah kaki bengkak dan khawatir luka perinium diberikan pendidikan kesehatan dan *foot massage* sehingga terselesaikan, dan diajarkan mobilisasi dini dan senam nifas untuk involusi uterus, lochea, dan TFU. Pada masa neonatus tidak ditemukan masalah fisiologis pada bayi.

**Kata Kunci** : *Asuhan, Kebidanan, Komprehensif*

**Daftar Pustaka** : 30 Referensi (2009-2018)

## ABSTRACT

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA

HEALTH POLYTECHNIC OF RIAU

DIPLOMA III MIDWIFERY STUDY PROGRAM

FINAL PROJECT REPORT

TITIN MALADEWI

COMPREHENSIVE MIDWIFERY CARE at Ny.I at TAMAN SARI CLINIC 2

± 154 Pages, 4 Tables, 8 Attachments

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Midwives play an important role in providing services with a variety of care methods, one of which is a comprehensive midwifery care method. This comprehensive care is carried out to monitor the welfare of patients and to prevent and treat early complications from pregnancy, childbirth, childbirth and neonates. This CoMC was carried out from Desember 2019 - February 2020 with 4 visits during pregnancy, 3 times postpartum visits and 3 times neonatal visits with various instruments such as format, leaflets and tools in obstetric examination. This care is carried out with midwifery management and is documented using the SOAP method. In the case of Mrs. I during the third trimester of pregnancy there was such swelling and dizziness of legs that medical education and *foot massage* were resolved, and pregnancy exercises and mild anemia which were successfully overcome after being given a balanced menu and the addition of Fe tablets. During childbirth, Mrs. I performed spontaneously with spiking degrees 2 and the pregnancy age of 41 weeks and Kala I-Kala IV are normal. During the puerperium there were no problems and early mobilization was taught and puerperal exercise for uterine, lochea, and TFU involution. In the neonatal period no physiological problems in the baby.

**Keywords** : Comprehensive, Midwifery, Care

**Bibliography** :30 Reference (2009-2018)