

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2020

SHONIA TASYA FREDDY

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. "N" DI KLINIK PRATAMA
JAMBU MAWAR KOTA PEKANBARU**

xi + ±163HALAMAN + 9TABEL + 2GAMBAR + 33LAMPIRAN

ABSTRAK

Berdasarkan data SDKI 2017, AKI di Indonesia mengalami penurunan pada tahun 2017. Salah satu upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah Continuity of Midwifery Care atau asuhan kebidanan komprehensif. Laporan Tugas Akhir ini bertujuan untuk melaksanakan asuhan kebidanan pada ibu hamil, bersalin, nifas, dan neonatus secara berkesinambungan. Asuhan kebidanan pada Laporan Tugas Akhir ini menerapkan manajemen kebidanan dengan pendokumentasian SOAP. Asuhan dilakukan di Klinik Pratama Jambu Mawar Pekanbaru dan dilanjutkan dengan kunjungan kerumah Ny. N mulai bulan Desember sampai Februari 2020 sebanyak 12 kunjungan. Asuhan kehamilan sebanyak 6 kali, 3 asuhan postpartum dan 3 asuhan neonatus. Selama kehamilan ibu mengalami ketidaknyamanan yaitu nyeri pinggang, perut bagian bawah dan keluar lendir, keluar lendir bercampur darah, perut nyeri dan tegang. Hasil palpasi didapatkan janin letak sungsang. Hal ini dapat teratasi setelah diberikan pendidikan kesehatan, senam hamil dan posisi *knee chest*. Proses persalinan berlangsung di Rumah Sakit dengan persalinan spontan namun dengan bantuan obat misoprostol untuk mempercepat kelahiran bayi dan dopamet untuk menurunkan tekanan darah karena tekanan darah ibu tinggi yaitu 160/110 mmHg. Setelah diberikannya dopamet tekanan darah ibu kembali normal. Masa nifas ibu mengeluh nyeri pada luka jahitan, perut masih terasa mules dan ASI belum lancar. Hal ini teratasi setelah diberikan pendidikan kesehatan, *effleurage massage*, pijat oksitosin serta senam nifas dan diakhir masa nifas ibu memilih suntik KB 3 bulan. Neonatus mengalami penurunan berat badan tetapi masih dalam batas normal. Hal ini dapat teratasi setelah diberikan pendidikan kesehatan dan pijat bayi. Di akhir masa neonatus bayi dalam keadaan sehat dengan BB 3900 gram dan PB 48 cm. Diharapkan bidan dapat memberikan asuhan kebidanan secara komprehensif sesuai standar pelayanan kebidanan.

Kata kunci : *Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus*

Daftar bacaan : 51 Bacaan (2004-2019)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH RIAU**

STUDY PROGRAM OF DIII MIDWIFERY

FINAL PROJECT REPORT, MAY, 2020

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COMPREHENSIVE MIDWIFERY CARE TO MOM “N” AT PRATAMA JAMBU
MAWAR CLINIC PEKANBARU CITY

xi + ± 163PAGES + 9TABLES + 2PICTURE + 33ATTACHMENTS

ABSTRACT

Based on 2017 IDHS data, MMR in Indonesia experienced a decrease in 2017. One of the efforts to prevent and manage complications in pregnancy, childbirth, puerperium and neonates is Continuity of Midwifery Care or comprehensive midwifery care. This Final Project Report aims to carry out midwifery care for pregnant, childbirth, childbirth, and neonates on an ongoing basis. Midwifery care in this Final Project Report implements midwifery management with SOAP documentation. The care was carried out at the Jambu Mawar Pekanbaru Primary Clinic and continued with a visit to Mrs. N from December to February 2020 there were 12 visits. Pregnancy care for 6 times, 3 postpartum care and 3 neonatal care. During pregnancy the mother experiences discomfort that is low back pain, lower abdomen and mucus discharge, mucus discharge mixed with blood, abdominal pain and tension. Palpation results obtained breech fetal location. This can be overcome after being given health education, pregnancy exercises and knee chest position. The labor process took place in the hospital with spontaneous labor but with the help of the drug misoprostol to accelerate the birth of the baby and dopamet to lower blood pressure due to high maternal blood pressure which is 160/110 mmHg. After giving dopamet the mother's blood pressure returns to normal. The puerperium of the mother complained of pain in the suture wound, the stomach still feels mules and the milk is not yet smooth. This was resolved after being given health education, effleurage massage, oxytocin massage and puerperal exercises and at the end of the puerperal period the mother chose a 3-month KB injection. Neonates experience weight loss but are still within normal limits. This can be overcome after being given health education and baby massage. At the end of the neonatal period the baby is in good health with BB 3900 gram and PB 48 cm. It is expected that midwives can provide comprehensive midwifery care in accordance with midwifery service standards.

Keywords : *Midwifery Care, Pregnancy, Delivery Bith, Puerperium, Neonatal*

Reference : 51 Reference (2004-2019)