

ABSTRAK

Reza Rizka Andriani (2021). Asuhan Keperawatan Pada Nona S Dengan Combustio Grade III di Ruang Dahlia RSUD Arifin Achmad Pekanbaru. Karya Tulis Ilmiah Asuhan Keperawatan, Program Studi DIII Keperawatan Pekanbaru, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Syafrisar Meri Agritubella, M.Kep (II) Magdalena, SST., M.Kes.

Combustio adalah suatu bentuk kerusakan atau kehilangan jaringan yang disebabkan adanya kontak dengan sumber panas seperti api, air panas, bahan kimia, listrik dan radiasi. Tujuan dari penulisan ini adalah memberikan asuhan keperawatan pada Nn.S dengan Combustio Grade III di RSUD Arifin Achmad. Tanda dan gejala combustio derajat tiga yaitu kulit tampak datar, tipis dan kering, dan adanya koagulasi pembuluh darah. Saat dilakukan pengkajian didapatkan adanya luka bakar pada daerah punggung, lengan kanan atas dan kaki kanan dengan karakteristik luka berwarna merah kehitaman . Nn. S mengeluh nyeri saat perawatan luka dan beraktivitas. Diagnosis keperawatan prioritas yang muncul adalah gangguan integritas jaringan kulit b.d trauma kerusakan kulit : luka bakar arus listrik, nyeri akut, gangguan mobilitas fisik, resiko infeksi, gangguan citra tubuh. Implementasi keperawatan yang dilakukan adalah perawatan luka dengan teknik aseptik , menjelaskan tanda dan gejala infeksi kepada klien, mengajarkan relaksasi nafas dalam, membantu mobilitas fisik klien, menganjurkan klien memakan makanan yang tinggi protein tinggi kalori dan memberi dukungan motivasi . Hasil evaluasi setelah dilakukan asuhan keperawatan hanya tiga diagnosa yaitu nyeri akut, gangguan mobilitas fisik dan resiko infeksi dapat teratasi.

Kata kunci : Asuhan Keperawatan, Combustio, Grade III, Integritas kulit, Nyeri, Mobilitas, Infeksi

ABSTRACT

Reza Rizka Andriani (2021). *Nursing Care for Ms. S With Combustio Grade III at the Dahlia Room Arifin Achmad Hospital in Pekanbaru. Nursing Care Scientific Papers, Pekanbaru Nursing DIII Study Program, Departement of Nursing, Riau Health Ministry Polytechnic. Advisor (I) Ns. Syafrisar Meri Agritubella, M.Kep (II) Magdalena, SST., M.Kes.*

Combustio is a form of tissue damage or loss caused by contact with heat sources such as fire, hot water, chemicals, electricity and radiation. The purpose of this paper is to provide nursing care to Ms. S. with Combustio Grade III at Arifin Achmad Hospital. The signs and symptoms of third-degree combustio are flat, thin and dry skin, and coagulation of blood vessels. When the assessment was carried out, it was found that there were burns on the back, right upper arm and right leg with a characteristic red-black wound. Ms. S complained of pain during wound care and activities. The priority nursing diagnosis that appears is impaired integrity of skin tissue related to trauma to skin damage: electric current burns, acute pain, impaired physical mobility, risk of infection. The nursing implementation are wound care using aseptic techniques, explaining signs and symptoms of infection to clients, teaching deep breath relaxation, helping clients' physical mobility, encouraging clients to eat foods that are high in high-calorie protein and providing motivational support. The results of the evaluation after nursing care were carried out, only three diagnoses, namely acute pain, impaired physical mobility and the risk of infection were resolved.

Keywords: Nursing Care, Combustio, Grade III, Skin Integrity, Pain, Mobility, Risk of Infection