

ABSTRAK

Nurul Hijja (2021), Asuhan Keperawatan pada Tn. F dengan Stroke Non Hemoragik di Ruang Krisan RSUD Arifin Achmad Provinsi Riau, Karya Tulis Ilmiah, Program Studi D III Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau, Pembimbing (I) Ns. Syafrisar Meri Agritubella, S.Kep, M,Kep, (II) Magdalena, SST, M.Kes.

Stroke merupakan gangguan mendadak pada sirkulasi serebral di satu pembuluh darah atau lebih yang mensuplai otak. Stroke menginterupsi atau mengurangi suplai oksigen dan umumnya menyebabkan kerusakan serius di jaringan otak. Sedangkan stroke non hemoragik merupakan suatu gangguan tersumbatnya pembuluh darah di dalam otak yang disebabkan oleh trombus dan embolus. Tujuan dari karya tulis ini adalah untuk menggambarkan pelaksanaan asuhan keperawatan pada seorang klien dengan stroke non hemoragik secara komprehensif mulai dari pengkajian, diagnosa keperawatan, intervensi keperawatan, implementasi keperawatan, sampai dengan evaluasi keperawatan. Pengumpulan data dilaksanakan melalui metode wawancara, observasi, pemeriksaan fisik dan catatan medis. Hasil pengkajian didapatkan data Tn. F sesak napas, gelisah dan berkeringat, Tn. F mengalami kelumpuhan pada anggota gerak kanan ekstermitas atas dan bawah, wajah bagian kanan tampak kaku, dan Tn. F sulit berbicara. Hasil studi kasus ini menunjukkan Tn. F mengalami 5 masalah keperawatan yaitu gangguan mobilitas fisik, gangguan komunikasi verbal, gangguan menelan, resiko perfusi serebral tidak efektif, dan resiko gangguan pertukran gas. Implementasi keperawatan dilaksanakan selama 3 hari dan didapatkan hasil evaluasi bahwa klien mengalami peningkatan kondisi kesehatan selama pelaksanaan asuhan keperawatan dibuktikan dengan klien mampu mencapai beberapa kriteria hasil antara lain diaforesis menurun, istirahat meningkat, pergerakan ekstermitas meningkat, dan kriteria hasil yang lainnya. Saran, diharapkan agar perawat ruangan melanjutkan intervensi yang telah disusun pada Tn.F hingga masalah keperawatan pada Tn. F dapat teratasi semua dan memantau perkembangan klien secara berkelanjutan.

Kata kunci : Stroke Non Hemoragic, Asuhan Keperawatan, Kelumpuhan

ABSTRACT

Nurul Hijja (2021), Nursing Care of Mr. F with Non Hemoragic Stroke in Chrysant Inpatient Room of Arifin Achmad Hospital of Riau Province, Scientific paper studies, study programs D III Nursing, Department of Nursing, Ministry of Health Polytechnic Riau, Counselor (I) Ns. Syafrisar Meri Agritubella, S.Kep, M,Kep, (II) Magdalena, SST, M.Kes.

Stroke is a sudden disturbance of the cerebral circulation in one or more blood vessels that supply to the brain. Stroke interrupts or reduces oxygen supply and generally causing serious damage to the brain tissues. Non-hemorrhagic Stroke is a disorder of blood vessels in the brain that caused by thrombus and embolus. The purpose of this scientific paper is to describe the implementation of nursing care on client with a comprehensive non-hemorrhagic stroke ranging from assessment, nursing diagnosis, nursing intervention, nursing implementation to nursing evaluation. Data collection is carried out using interview techniques, observations, physical examinations and medical records. The results of the assessment and data obtained that Mr. F shortness of breath, restlessness, sweating, Mr. F was paralyzed in the right limbs, the right side of the face was stiff and Mr. F is difficult in speaking. The results of this case study indicate that Mr. F had five problems of nursing, namely barriers of physical mobility, barriers of verbal communication, swallowing disorders, risk of ineffective cerebral perfusion, and risk of disruption of gas exchange. In implementation of nursing conducted for 3 days obtained that evaluation that the client experienced an increase in health condition during the implementation of nursing care is evidence by the client is able to achieve several outcome criteria, including decreased diaphoresis, increased rest and increased movement of extremities. Advice expected that nurses will continue the intervention that has been arranged on Mr. F to all problems of nursing at Mr. F can be resolved and monitor the progress of the client sustainably.

Keywords: Non hemorrhagic Stroke, Nursing Care, Paralysis.