

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIV KEBIDANAN**

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**HUBUNGAN DUKUNGAN SUAMI DAN NIAT IBU DENGAN PEMBERIAN  
ASI EKSKLUSIF PADA IBU YANG MEMPUNYAI BAYI USIA 6-12 BULAN  
DI KELURAHAN SIMPANG BARU WILAYAH KERJA PUSKESMAS  
SIMPANG BARU KOTA PEKANBARU**

Vii+36 halaman+7 tabel+2 bagan+12 lampiran

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**ABSTRAK**

Target capaian ASI eksklusif secara nasional yaitu 80%, sementara cakupan ASI Eksklusif di Wilayah Kerja Puskesmas Simpang Baru Kota Pekanbaru hanya sebesar 13.3%. ASI eksklusif merupakan makanan terbaik bayi pada 6 bulan pertama. Dukungan Suami dan niat ibu merupakan bagian penting dalam keberhasilan menyusui. Tujuan penelitian ini untuk mengetahui hubungan dukungan suami dan niat ibu dengan pemberian ASI eksklusif di Kelurahan Simpang Baru Wilayah Kerja Puskesmas Simpang Baru Kota Pekanbaru Tahun 2021. Desain penelitian adalah deskriptif analitik dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah seluruh ibu yang memiliki bayi berusia 6-12 bulan sebanyak 67 di Kelurahan Simpang Baru. Pengambilan sampel secara *purposive sampling* sebanyak 57 orang. Metode pengumpulan data dengan wawancara menggunakan lembar kuesioner. Analisa data menggunakan uji Chi Square dengan derajat kepercayaan 95%. Hasil uji statistik ada hubungan antara dukungan suami dengan pemberian ASI eksklusif ( $p$  value = 0,006) dan ada hubungan antara niat ibu dengan pemberian ASI eksklusif ( $p$  value = 0,007). Disarankan kepada bidan dan para kader di Kelurahan Simpang Baru untuk melakukan promosi kesehatan kepada ibu yang akan mempunyai bayi agar niat ibu dalam pemberian ASI eksklusif menjadi lebih baik dan dapat membentuk kelompok ayah ASI agar para suami menyadari pentingnya peran suami dalam pemberian ASI.

**Kata Kunci : Dukungan Suami, Niat Ibu, Pemberian ASI Eksklusif.  
Daftar Pustaka : 28 (2004-2019)**

**INDONESIAN REPUBLIC HEALTH MINISTRY  
RIAU HEALTH POLYTECHNIC  
DIV MIDWIFERY STUDY PROGRAM**

**THESIS, MAY 2021**

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**RELATIONSHIP OF HUSBAND SUPPORT AND MOTHER'S INTENTION  
WITH EXCLUSIVE BREASTFEEDING TO MOTHERS WHO HAVE BABIES  
AGED 6-12 MONTHS AT KELURAHAN SIMPANG AT THE WORKING OF  
SIMPANG BARU PUBLIC HEALTH CENTER, KOTA PEKANBARU**

**vii + 36 pages + 7 tables + 2 charts + 12 attachments**

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**ABSTRACT**

The target for achieving exclusive breastfeeding nationally is 80%, while the coverage of exclusive breastfeeding in the Simpang Baru Public Health Center in Pekanbaru City is only 13.3%. Exclusive breastfeeding is the best food for babies in the first 6 months. Husband's support and mother's intention is an important part in successful breastfeeding. The purpose of this study was to determine the relationship between husband's support and mother's intention with exclusive breastfeeding in Simpang Baru Village, Simpang Baru Health Center Work Area, Pekanbaru City in 2021. The research design was descriptive analytic with a cross sectional approach. The population in this study were all mothers who had babies aged 6-12 months as many as 67 in Simpang Baru Village. Sampling by purposive sampling as many as 57 people. The method of data collection was done by interview method and using a questionnaire sheet. Analysis of the data using the Chi Square test with a 95% confidence level shows the statistical test results that there is a relationship between husband's support and exclusive breastfeeding (p value = 0.006) and there is a relationship between mother's intention and exclusive breastfeeding (p value = 0.007). It is recommended to midwives and cadres in Simpang Baru Village to carry out health promotions to mothers who will have babies so that mothers' intentions in exclusive breastfeeding are better and can form groups of breastfeeding fathers so that husbands realize the importance of the husband's role in breastfeeding.

**Keywords : Husband's Support, Mother's Intention, Exclusive  
Breastfeeding.**

**Reference : 28 reference (2004-2019)**