

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021**

**YULIATI FADILAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI KLINIK TAMAN SARI  
2 KOTA PEKANBARU TAHUN 2021**

**±101 Halaman, 7 Tabel, 14 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam mendeteksi dini faktor resiko dan mengurangi kemungkinan terjadinya komplikasi dengan melaksanakan rujukan awal. Asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)* untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan kebidanan ini dilakukan dari bulan November 2020 sampai Februari 2021 sebanyak 11 kali kunjungan yaitu masa kehamilan 4 kali, nifas 4 kali, neonatus 3 kali. Pada masa kehamilan keluhan yang dialami Ny.T yaitu nyeri perut bagian bawah, nyeri pinggang dapat diatasi dengan Senam hamil dan kompres hangat. Pada masa persalinan, ibu melahirkan secara *Sectio Caesarea* di RS Syafira Kota Pekanbaru dengan indikasi Pengapuran plasenta, bayi lahir langsung menangis dengan jenis kelamin perempuan berat badan 3500 gr dan panjang badan 50 cm. Pada masa nifas nyeri bekas operasi dapat teratasi dengan kompres hangat dan senam nifas. Pada masa neonatus dilakukan pijat bayi terjadi peningkatan berat badan bayi sebanyak 700 gram. Diharapkan tenaga kesehatan khususnya bidan dapat mendeteksi kemungkinan komplikasi dalam kehamilan.

**Kata Kunci** : *Asuhan kebidanan hamil, bersalin, nifas, neonatus*  
**Referensi** : 31 Referensi (2011-2020)

MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM D III MIDWIFERY

FINAL PROJECT REPORT, APRIL 2021

YULIATI FADILAH

COMPREHENSIVE MIDWIFERY CARE TO MRS. "T" AT TAMAN SARI 2 CLINIK  
PEKANBARU CITY IN 2020

±101 Pages, 7 Tables, 14 Attachment

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### ABSTRACT

Midwives play an important role in early detection of risk factors and reduce the possibility of complications by carrying out early referrals. Comprehensive midwifery care or Continuity of Midwifery Care (CoMC) to detect early and prevent complications during pregnancy, delivery, parturition and neonates. times, neonates 3 times. During pregnancy, the complaints experienced by Mrs. T, namely lower abdominal pain, low back pain, can be overcome with pregnant exercise and warm compresses. During labor, the mother gave birth by Sectio Caesarea at Syafira Hospital, Pekanbaru City with indications of calcification of the placenta, the baby was born crying immediately with a female gender weighing 3500 grams and body length 50 cm. During the postpartum period, postoperative pain can be resolved with warm compresses and postpartum exercises. During the neonatal period, baby massage was carried out, there was an increase in the baby's weight as much as 700 grams. It is hoped that health workers, especially midwives, can detect possible complications in pregnancy

**Keywords** : Pregnant obstetrician, maternity, Nifas, neonatal

**Reference** : 31 reference (2011-2020)