**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2021**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY T DI PMB MURTINAWITA KOTA PEKANBARU**

**± 140 Halaman, 7 Tabel, 12 Lampiran**

**ABSTRAK**

Salah satu program pemerintah untuk menurunkan AKI dan AKB adalah dengan melakukan program preventif dan promotif. Salah satunya dengan asuhan kebidanan CoMC. Asuhan kebidanan *Continuty Midwifery of Care* bertujuan untuk mendeteksi resiko-resiko pada saat kehamilan, persalinan, nifas dan neonatus. Laporan tugas akhir ini bertujuan memberikan asuhan secara komprehensif kepada Ny T di PMB Murtinawita kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilaksanakan dari bulan Desember 2020 s/d Februari 2021 dilakukan 3 kali kunjungan pada kehamilan (UK 34 minggu, 36 minggu, 37 minggu), mendampingi persalinan, 4 kali kunjungan nifas (6 jam, 7 hari, 14 hari, dan 30 hari) dan neonatus 3 kali (6 jam, 6 hari, 27 hari) dirumah pasien dan klinik.

Pada Ny. T proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III seperti mual muntah, nyeri punggung, dan *braxton hiks.* Keluhan dapat diatasi dengan pendidikan kesehatan yang berkelanjutan dan senam hamil. Ibu bersalin dengan kehamilan aterm (40 mgg) pada kala I-IV berjalan normal, pada kala I dilakukan asuhan massage dengan teknik *effleurage*. Bayi lahir spontan dengan jenis kelamin laki-laki BB 3700 gram dan PB 52 cm. Pada kunjungan nifas involusi berjalan dengan normal diberikan asuhan senam nifas. Pada asuhan neonatus BB bayi mengalami peningkatan 500 gram dari berat lahir dikarenakan efek dilakukan pijat bayi yang membuat bayi kuat menyusui. Disarankan untuk bidan untuk hendaknya dapat optimal menerapkan asuhan kebidanan berbasis CoMC dan selalu memberikan asuhan yang *evidence based* terbaru.

Kata Kunci : ***Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

Kepustakaan : 55 referensi 2010-2020

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA   
POLYTECHNIC OF HEALTH, RIAU STUDY**

**PROGRAM D III OF MIDEWIFERY**

**FINAL PROJECT REPORT, APRIL 2021  
 MELLYSA YUSNIZA**

**COMPREHENSIVE MIDWIFERY CARE OF MRS. T IN PMB MURTINAWITA PEKANBARU**

**± 140 Pages, 7 Tables, 12 Appendices**

**ABSTRACT**

One of the government programs to reduce MMR and IMR is by carrying out preventive and promotive programs. One of them is the CoC midwifery care which aims to detect risks during pregnancy, childbirth, postpartum and neonate. This final report goal is to provide comprehensive care for Mrs. T at PMB Murtinawita Pekanbaru city. Implementation is carried out in accordance with midwifery care standards with a midwifery management approach and documented using the SOAP method. This midwifery care was carried out from December 2020 to February 2021 with 3 visits during pregnancy (UK 34 weeks, 36 weeks, 37 weeks), accompanying childbirth, 4 postpartum visits (6 hours, 7 days, 14 days, and 30 days. days) and neonates 3 times (6 hours, 6 days, 27 days) at the patient's home and clinic.

On Mrs. T, the process of pregnancy takes place physiologically even though there are complaints of third trimester discomfort such as nausea, vomiting, back pain, and Braxton hiks. Complaints can be resolved by continuing health education and pregnancy exercise. Mothers giving birth with term pregnancy (40 weeks) at the I-IV run normally, at the first stage a massage treatment is carried out using the effleurage technique. The baby was born spontaneously with the male gender, body weight 3700 gram and body length 52 cm. At the postpartum visit, the involution was normal, given puerperal gymnastics treatment. In neonatal care, the baby's body weight has increased by 500 grams of birth weight due to the effect of baby massage which makes the baby strong to suckle. It is recommended that midwives should be able to optimally implement CoMC-based midwifery care and always provide the latest evidence-based care.

**Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, childbirth, neonates***References: 55 References (2010-2020)