

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2021  
MARIA MIRDATUL FADILLAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY “D” DI KLINIK PRATAMA  
BHAKTI KOTA PEKANBARU TAHUN 2021**

**± 118 Halaman, 6 Tabel, 11 Lampiran**

---

**ABSTRAK**

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan untuk memberikan asuhan CoMC dari masa kehamilan trimester III, persalinan, nifas, dan neonatus di Klinik Pratama Bhakti kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan Desember 2020- Januari 2021 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali (UK 34 minggu 6 hari, 36 minggu 6 hari, 37 minggu 1hari), mendampingi saat bersalin 1 kali, nifas 3 kali (6 jam, hari ke 7, 32 ), dan neonatus 3 kali (6 jam, hari ke 7, 21) di klinik dan rumah pasien. Pada Ny. D proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III seperti nyeri pinggang dan *Braxton Hiks*. Hal tersebut dapat diatasi dengan memberikan asuhan senam hamil dan pendidikan kesehatan yang berkelanjutan. Pada masa persalinan, ibu bersalin dengan kehamilan aterm (37 mgg 2 hari) dan kala I-IV berjalan normal, sebelumnya pada kala I di berikan metode massage dan teknik *Birth Ball*. Bayi lahir menangis spontan, dengan jenis kelamin laki-laki BB 2600 gram dan PB 48 cm. Pada kunjungan nifas involusi berjalan dengan normal diberikan asuhan senam nifas. Pada masa neonatus BB bayi mengalami kenaikan BB yaitu 900 gram dari berat badan lahir dengan asuhan pijat bayi. Disarankan bagi bidan untuk menerapkan asuhan CoMC di klinik agar dapat meningkatkan kualitas asuhan kebidanan dan dapat mengikuti perkembangan ilmu pengetahuan.

**Kata Kunci : Asuhan Kebidanan Komprehensif Kehamilan, Persalinan, Nifas dan Neonatus  
Kepustakaan : 33 referensi ( 2010-2019)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, APRIL 2021  
MARIA MIRDATUL FADILLAH**

**COMPREHENSIVE MIDWIFERY CARE IN NY “D” IN PRATAMA BHAKTI  
CLINIC PEKANBARU CITY, 2021**

**± 118 Pages, 6 Tables, 11 Appendices**

---

**ABSTRACT**

One of the efforts to prevent and manage complications in pregnancy, childbirth, childbirth and neonates is the Continuity of Midwifery Care (CoMC). This case report aims to provide CoMC care from the third trimester of pregnancy, childbirth, childbirth, and neonatus at the Pratama Bhakti Clinic, Pekanbaru City. Implementation is carried out based on midwifery care standards with a midwifery management approach and was documented with a SOAP method. Midwifery care was carried out from December 2021- January 2021 with 10 visits, namely 3 times pregnant period (UK 34 weeks 6 days, 36 weeks 6 days, 37 weeks 1 day), accompanying childbirth 1 time, postpartum 3 times (6 hours, day 7, 32), and neonates 3 times (6 hours, day 7, 21) in the clinic and the patient's home. In Mrs. D the process of pregnancy takes place physiologically even though there are complaints of third trimester discomfort such as low back pain and *Braxton Hicks*, can be overcome by providing pregnancy exercise care and continuing health education. During labor, the mother gave birth with a term pregnancy (37 weeks 2 days) and when I-IV is running normally, previously on the first stage she is given massage and *Birth Ball* technique. The baby was born spontaneously, with the male gender, BB 2.600 grams and PB 48 cm. In the postpartum visit, involution is running normally, given postpartum exercise care. In the neonates on the baby's BB experienced an increase in body weight from birth weight with infant massage care. It is recommended for midwives to implement CoMC midwifery care at clinic in order to improve the quality of midwifery care and keep up with the development of science.

**Keywords : *Comprehensif Midwifery Care, Pregnancy, Pregnancy, Childbirth, and Neonatus***  
**References : 33 References (2010-2019)**