

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI KLINIK
PRATAMA SARINAH PEKANBARU TAHUN 2021**

vi + 95 Halaman, 7 Tabel, 8 Lampiran

ABSTRAK

Kejadian kematian dan kesakitan ibu masih merupakan masalah kesehatan yang sangat serius di negara-negara berkembang. Salah satu cara yang dapat dilakukan seorang bidan dalam mendeteksi awal serta dapat menurunkan angka kesakitan ibu dan bayi yaitu dengan asuhan kebidanan komprehensif. Tujuan studi kasus ini yaitu memberikan asuhan kebidanan komprehensif hamil, bersalin, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.T di Klinik Pratama Sarinah Pekanbaru tahun 2021. Asuhan kebidanan yang berkesinambungan pada Ny.T G₂P₀A₁H₀ dilakukan dari bulan Desember 2020 sampai bulan Maret 2021. Asuhan kehamilan dilakukan sebanyak 3 kali, pada kasus Ny. T selama kehamilan Trimester III Kartu Skor Poedji Rochjati bernilai 6 yaitu resiko tinggi. Ditemukan keluhan nyeri punggung bagian bawah dan nyeri perut bagian bawah. Asuhan yang diberikan yaitu pendidikan kesehatan tentang ketidaknyamanan ibu, mengajarkan ibu senam hamil. Setelah diberikan asuhan keluhan ibu dapat diatasi. Persalinan berlangsung secara *seksio cesarean* di rumah sakit dengan indikasi Oligohidramnion. Bayi lahir pukul 18.15 WIB dengan berat 2990 gram jenis kelamin laki-laki. Pada kunjungan nifas dengan luka post SC, didapatkan skor EPDS 4. Ditemukan masalah nyeri bekas luka post SC, puting susu lecet. Ibu diajarkan cara menyusui yang baik dan benar, senam nifas. Masalah dapat diatasi dan ibu menggunakan KB IUD. Pada masa neonatus diberikan asuhan pijat bayi untuk melancarkan peredaran darah bayi, merangsang pertumbuhan dan perkembangan bayi, serta dapat meningkatkan berat badan bayi sebanyak 610 gram. Diharapkan kepada tenaga kesehatan khususnya bidan tetap menerapkan asuhan kebidanan secara komprehensif dan berkesinambungan dari ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus

Referensi : 26 Referensi (2010-2020)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, RIAU
STUDY PROGRAM D III OF MIDWIFERY**

FINAL PROJECT REPORT, APRIL 2021

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**COMPREHENSIVE MIDWIFERY CARE IN MRS. T IN KLINIK
PRATAMA SARINAH PEKANBARU IN 2021**

vi + 95 Pages, 7 Tables, 8 Appendices

ABSTRACT

Maternal mortality and morbidity is still a very serious health problem in developing countries. One way that a midwife can do in early detection and can reduce maternal and infant morbidity is with comprehensive midwifery care. The purpose of this case study is to provide comprehensive midwifery care for pregnancy, childbirth, postpartum, and neonates with SOAP documentation for Mrs. T at Sarinah Clinic Pekanbaru in 2021. Continuous midwifery care for Mrs. T G2P0A1H0 is carried out from December 2020 to March 2021. Pregnancy care was carried out 3 times, in the case of Mrs. T during the third trimester of pregnancy Poedji Rochjati's score card is worth 6, which is high risk. There were complaints of lower back pain and lower abdominal pain. The care provided is health education about maternal discomfort, teaching pregnant women to exercise. After being given care, the mother's complaints can be overcome. The delivery took place by cesarean section at the hospital with indications of Oligohydramnios. The baby was born at 18.15 WIB with a weight of 2990 grams, male. At the postpartum visit with post SC wounds, an EPDS score was obtained 4. There were problems with post SC scar pain, sore nipples. Mothers are taught how to breastfeed properly and correctly, postpartum gymnastics. The problem can be solved and the mother uses the IUD KB. During the neonate period, baby massage care was given to improve the baby's blood circulation, stimulate the growth and development of the baby, and increase the baby's weight by 610 grams. It is hoped that health workers, especially midwives, will continue to implement comprehensive and sustainable midwifery care from pregnant women, maternity, postpartum and neonates.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates

References: 26 References (2010-2020)