

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, MARET 2021

VIOLA DWI SALSABELA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI KLINIK
PRATAMA SARINAH PEKANBARU TAHUN 2021**

± 130 Halaman, 5 Tabel, 9 Lampiran

ABSTRAK

Kejadian kematian dan kesakitan ibu masih merupakan masalah kesehatan yang sangat serius di negara-negara berkembang. Pentingnya pelayanan berkesinambungan untuk memantau perkembangan janin, mengurangi faktor resiko kehamilan pada ibu. Studi kasus ini bertujuan memberikan asuhan komprehensif dari kehamilan, persalinan, nifas dan neonatus pada Ny.A di Klinik Pratama Sarinah. Asuhan kebidanan ini dilakukan di Klinik Pratama Sarinah dari bulan Desember 2020 - Februari 2021 kontak pertama dengan Ny.A pada usia kehamilan 36 minggu. Asuhan kehamilan sebanyak 2 kali kunjungan. Terdapat ketidaknyamanan trimester III yaitu nyeri punggung, lalu diberikan asuhan senam hamil ketidaknyamanan dapat diatasi. Asuhan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif dengan BB: 2800 gram, PB: 48 cm, jenis kelamin perempuan. Kunjungan nifas dilakukan 4 kali, asuhan yang diberikan yaitu mengajarkan mobilisasi dini, manfaat pemberian ASI dan dilakukan demonstrasi senam nifas. Pada neonatus sebanyak 3 kali kunjungan asuhan yang diberikan mendemonstrasikan pijat bayi, dan memastikan ibu memberikan ASI eksklusif. Diharapkan tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci: Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Referensi: 39 (2010-2020)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, RIAU
STUDY PROGRAM D III OF MIDWIFERY**

FINAL PROJECT REPORT, MARCH 2021

VIOLA DWI SALSABELA

**COMPREHENSIVE MIDWIFERY CARE IN MRS. A IN KLINIK
PRATAMA SARINAH PEKANBARU IN 2021**

± 130 Pages, 4 Tables, 9 Appendices

ABSTRACT

Maternal mortality and morbidity are still a very serious health problem in developing countries. The importance of continuous services to monitor fetal development, reduce risk factors for pregnancy in the mother. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum and neonates to Mrs. A at the Sarinah Pratama Clinic. This midwifery care was carried out at the Sarinah Pratama Clinic from December 2020 to February 2021. The first contact with Mrs. A at 36 weeks gestation. Pregnancy care was carried out in 2 visits. There is discomfort in the third trimester, namely back pain, then given pregnancy exercise care, the discomfort can be overcome. Childbirth care is carried out according to the standard of Normal Childbirth Care (NCC). The baby was born spontaneously, cried loudly, good muscle tone, active movement with weight of 2800 grams, length of 48 cms, female gender. Postpartum visits were carried out 4 times, the care provided was to teach early mobilization, the benefits of breastfeeding and postpartum gymnastics demonstrations were carried out. During the neonates, 3 visits were made. The care provided is in the form of demonstrating baby massage, and ensuring that the mother provides exclusive breastfeeding. It is expected that health workers can maintain the provision of comprehensive and sustainable midwifery services, especially care for pregnant women, maternity, postpartum and neonates.

**Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth,
Neonates**

References : 39 (2010-2020)