

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2021**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI KLINIK  
PRATAMA SARINAH PEKANBARU TAHUN 2021**

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**ABSTRAK**

Komplikasi utama yang menyebabkan hampir 75% dari semua kematian ibu adalah perdarahan hebat setelah melahirkan, infeksi, dan komplikasi dari persalinan. Upaya yang dapat dilakukan oleh bidan dalam membantu menurunkan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) dengan melakukan asuhan kebidanan secara komprehensif dan berkesinambungan yang mana hal tersebut biasanya disebut dengan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan komprehensif dari kehamilan, persalinan, nifas dan neonatus pada Ny. R G<sub>4</sub>P<sub>3</sub>A<sub>0</sub>H<sub>3</sub> di Klinik Pratama Sarinah. Asuhan ini dilakukan dengan manajemen kebidanan dan didokumentasikan menggunakan metode SOAP.CoMC ini dilakukan dari bulan Desember 2020 hingga Februari 2021 sebanyak 3 kali kunjungan selama hamil, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan Trimester III, ditemukan keluhan nyeri perut bagian bawah, sering buang air kecil (BAK), dan kontraksi palsu. Ibu diberikan pendidikan kesehatan dan diajarkan senam hamil sehingga keluhan dapat terselesaikan. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 3100 gram, jenis kelamin perempuan. Pada masa nifas ibu diajarkan mobilisasi dini, dan senam nifas. Pada masa neonatus dilakukan pijat bayi untuk meningkatkan berat badan bayi. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

**Referensi : 28 Referensi (2010-2020)**

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**OLYVIA TIFANNY SYAFITRI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. R IN PRATAMA  
SARINAH CLINIC PEKANBARU, 2021**

**vi + 95 Pages, 5 Tables, 9 Appendices**

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**ABSTRACT**

The main complications that cause almost 75% of all maternal deaths are severe postpartum hemorrhage, infection, and complications from childbirth. Efforts that can be made by midwives to help reduce the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) by conducting comprehensive and sustainable midwifery care which is usually called the Continuity of Midwifery Care (CoMC) method. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum and neonate to Mrs. R G4P3A0H3 at Sarinah Primary Clinic. This care is carried out by midwifery management and documented using the SOAP. CoMC method. This care was carried out from December 2020 to February 2021 with 3 visits during pregnancy, 4 visits during the puerperium and 3 visits during neonates. During the third trimester of pregnancy, complaints of lower abdominal pain, frequent urination, and false contractions were found. Mothers are given health education and taught pregnancy exercises so that complaints can be resolved. Delivery assistance is carried out according to the standard of Normal Childbirth Care. The baby was born spontaneously, cried loudly, good muscle tone, active movement, weight of 3100 grams, female gender. During the postpartum period, mothers are taught early mobilization, and postpartum gymnastics. In neonates, baby massage is done to increase the baby's weight. It is recommended that midwives as health workers can maintain the provision of comprehensive and sustainable midwifery services, especially care for pregnant women, maternity, postpartum and neonates.

**Keywords : Comprehensive Midwifery Care, pregnancy, childbirth,  
childbirth, neonates**

**References : 28 References (2010-2020)**