

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

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YULIANI LATIFAH

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI PMB DINCE
SAFRINA KOTA PEKANBARU TAHUN 2021**

±152 Halaman, 5 Tabel, 10 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Asuhan kebidanan ini bertujuan memberikan asuhan kebidanan secara komprehensif dari kehamilan, bersalin, masa nifas, dan neonatus pada Ny. I di PMB Dince Safrina Kota Pekanbaru dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan Desember 2020 sampai Februari 2021 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali, nifas 4 kali, neonatus 3 kali. Keluhan yang ditemukan pada saat hamil adalah sakit pinggang dan kaki bengkak, semuanya dapat diatasi dengan memberikan pendidikan kesehatan, senam hamil dan *foot massage*. Persalinan berjalan normal, bayi lahir spontan dengan jenis kelamin perempuan dan berat 3.100 gr dan terdapat laserasi derajat II. Keluhan yang di dapat pada masa nifas yaitu nyeri bekas luka perineum, dan dapat teratasi dengan senam nifas. Pada kunjungan neonatus ditemukan penurunan berat badan bayi secara fisiologis sebesar 1,35 %, memberikan asuhan pijat bayi dan memastikan ibu memberikan ASI eksklusif. Dan berat badan bayi meningkat 3150 gr. Diharapkan bidan dapat mempertahankan asuhan kebidanan berbasis *CoMC* dan memberikan asuhan yang *evidence based* seperti melakukan kunjungan nifas 4 kali dan memberikan pelayanan kebidanan berbasis protokol kesehatan sebagai upaya proteksi selama pandemi covid-19.

Kata Kunci : Komprehensif, Kehamilan, Persalinan, Nifas dan Neonatus
Daftar bacaan : 41 (2010-2019)

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STUDY PROGRAM D III MIDWIFERY**

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**COMPREHENSIVE MIDWIFERY CARE IN Mrs. I AT PMB DINCE
SAFRINA, PEKANBARU CITY, YEAR 2021**

± 152 Pages, 5 Tables, 10 Appendices

ABSTRACT

One of the efforts to prevent and manage complications in pregnancy, childbirth, postpartum and neonates is to use Continuity of Midwifery Care (CoMC) midwifery care. This midwifery care aims to provide comprehensive midwifery care from pregnancy, childbirth, the puerperium, and neonates to Ny. I at PMB Dince Safrina Pekanbaru City with a midwifery management approach and documented by the SOAP method. This midwifery care was carried out from December 2020 to February 2021 for 10 visits, namely during pregnancy 3 times, postpartum 4 times, neonates 3 times. Complaints found during pregnancy are back pain and swollen legs, all of which can be overcome by providing health education, pregnancy exercise and foot massage. The delivery went normally, the baby was born spontaneously with a female gender and weighed 3.100 g and there was a grade II laceration. Complaints that can be obtained during the puerperium are perineal scar pain, and can be resolved with puerperal gymnastics. At the neonatal visit, it was found that the baby's body weight decreased physiologically by 1.35%, provided baby massage care and ensured that the mother gave exclusive breastfeeding. And the baby's weight increased by 3150 gr. It is hoped that midwives can maintain CoMC-based midwifery care and provide evidence-based care, such as carrying out 4 postpartum visits and providing health protocol-based midwifery services as a protection effort during the COVID-19 pandemic.

Keywords : Comprehensive, Pregnancy, Childbrith, Post Partum, Birth Control and Neonatal

References : 41 References (2010-2019).