

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021
MAHZHUZHAH WALIANI ISFI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY “M” DI PRAKTIK
MANDIRI BIDAN ROSITA PEKANBARU TAHUN 2021**

± 140 Halaman, 7 Tabel, 11 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan untuk memberikan asuhan CoMC dari masa hamil trimester III, persalinan, masa nifas, dan neonatus di PMB Rosita kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan November 2020 – Januari 2021 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali, mendampingi saat bersalin 1 kali, nifas 3 kali dan neonatus 3 kali di klinik dan rumah pasien. Pada Ny. M proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III seperti keputihan, hal tersebut dapat diatasi dengan memberikan asuhan dan pendidikan kesehatan yang berkelanjutan. Pada masa persalinan, ibu bersalin dengan kehamilan aterm dan kala I-IV berjalan normal, sebelumnya pada kala I diberikan metode *massage* punggung untuk mengurangi rasa nyeri dan *Nipple Stimulation* untuk mempercepat pembukaan. Bayi lahir menangis spontan, dengan jenis kelamin perempuan, BB 3000 gram dan PB 50 cm. Pada kunjungan nifas ibu mengeluh ASI sedikit di awal masa nifas, tetapi keluhan tersebut dapat teratasi dengan pijat oksitosin, senam nifas untuk involusi uterus, dan diajarkan mobilisasi dini. Pada masa neonatus dilakukan asuhan pijat bayi untuk melancarkan sirkulasi darah dan pernafasan, ditemukan masalah pada hari ke-6 bayi mengalami penurunan BB 100 gram yaitu 2900 gram dan mengalami kenaikan BB pada hari ke-25 yaitu 3800 gram. Disarankan agar lahan praktik dapat optimal menerapkan asuhan kebidanan berbasis CoMC dan selalu memberikan asuhan yang *evidence based*.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*

Referensi : 53 Referensi (2010-2019)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MEI 2021
MAHZHUZHAI WALIANI ISFI**

**COMPREHENSIVE MIDWIFERY CARE IN NY “M” IN INDEPENDENT
MIDWIFE PRACTICE ROSITA PEKANBARU, 2021**

±128 Pages, 7 Tables, 11 Appendices

ABSTRACT

One of the efforts to prevent and manage complications in pregnancy, childbirth, postpartum and neonate is with comprehensive obstetric care or Continuity of Midwifery Care (CoMC). This case report aims to provide CoMC care from the third trimester of pregnancy, childbirth, postpartum, and neonates at PMB Rosita Pekanbaru. Implementation is carried out according to midwifery care standards with a midwifery management approach and documented by the SOAP method. This midwifery care was carried out from November 2020 - January 2021 for 10 visits, namely during pregnancy 3 times, accompanying during childbirth 1 time, postpartum 3 times and neonates 3 times at the clinic and patient's home. On Mrs. While the pregnancy process is physiological, although there are complaints of third trimester discomfort such as vaginal discharge, this can be overcome by providing ongoing health care and education. During labor, the mother gave birth at term and the I-IV stages went normally, previously in the first stage they were given a back massage method to reduce pain and Nipple Stimulation to speed up the opening. The baby was born crying spontaneously, with a female gender, weight 3000 grams and length of 50 cm. At the postpartum visit, the mother complained of little breast milk at the beginning of the puerperium, but these complaints could be resolved with oxytocin massage, postpartum exercises for uterine involution, and early mobilization taught. During the neonate period, baby massage was carried out to improve blood circulation and breathing, problems were found on the 6th day of the baby experiencing a weight loss of 100 grams, which was 2900 grams and an increase in weight on the 25th day, which was 3800 grams. It is recommended that the practice area can optimally apply CoMC-based midwifery care and always provide evidence-based care.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonates*

References: **53 References (2010-2019)**