

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021  
SILVIA DESRIYANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PRAKTIK  
MANDIRI BIDAN ROSITA KOTA PEKANBARU**

**±118 Halaman, 11 Tabel, 11 Lampiran**

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**ABSTRAK**

Bidan merupakan salah satu tenaga kesehatan yang berperan penting dalam memberikan pelayanan, salah satunya adalah metode asuhan kebidanan yang berkelanjutan dan berkesinambungan. Asuhan ini dilakukan dengan tujuan untuk memantau kesejahteraan ibu dan janin, dan deteksi dini pada masa kehamilan, bersalin, dan nifas. Asuhan kebidanan ini dilakukan pada bulan Desember 2020 sampai bulan Mei 2021. Asuhan kehamilan dilakukan 3 kali kunjungan di PMB Bidan Rosita Kota Pekanbaru. Pada masa nifas dan neonatus dilakukan 3 kali kunjungan rumah dengan menggunakan berbagai instrument seperti format, *leaflet* dan alat-alat dalam pemeriksaan kebidanan. Masa kehamilan pada Ny. S G3P2A0H2 dengan ketidaknyamanan trimester III telah diberikan asuhan dan pendidikan kesehatan sehingga keluhan dapat teratasi. Pada persalinan Ny. S dengan kehamilan aterm melahirkan normal, sebelumnya pada kala I diberikan terapi berupa masase punggung dan teknik relaksasi. Bayi lahir spontan menangis, jenis kelamin perempuan berat badan 3600-gram dan panjang badan 50 cm. Kala III Ny. S dengan retensio plasenta sehingga dilakukan manual plasenta dan plasenta lahir lengkap, kala IV Ny. S berlangsung normal. Pada masa nifas terdapat keluhan afterpain dan asi kurang lancar di hari pertama, telah diberikan asuhan berupa mobilisasi dini dan teknik menyusui sehingga masalah dapat teratasi, serta mengajarkan ibu senam nifas dan konseling Keluarga Berencana. Pada neonatus ibu diajarkan melakukan pijat bayi sehingga terjadi kenaikan berat badan pada bayi sebanyak 700 gram. Dalam memberikan asuhan kebidanan diharapkan bidan dapat memberikan pelayanan berkelanjutan yang sesuai dengan kewenangan kebidanan yang telah ditetapkan.

**Kata kunci : *Asuhan Kebidanan komprehensif Ibu Hamil, Bersalin, Nifas Dan Neonatus.***

**Daftar Bacaan : 44 referensi (2011-2020)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC MINISTRY OF HEALTH RIAU  
STUDY PROGRAM D III OF MIDWIFE**

**FINAL PROJECT REPORT, MAY 2021  
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**COMPREHENSIVE MIDWIFE CARE IN MRS. S AT PMP ROSITA,  
PEKANBARU CITY**

**±118 Pages, 11 Tables, 11 Appendices**

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**ABSTRACT**

Midwives are one of the health workers who play an important role in providing services, one of which is a sustainable and sustainable method of midwifery care. This care is carried out with the aim of monitoring the welfare of the mother and fetus, and early detection during pregnancy, childbirth, and the puerperium. This midwifery care was carried out from December 2020 to May 2021. Pregnancy care was carried out 3 times at PMB Rosita Pekanbaru City. At the puerperium and neonates' period, 3 home visits were carried visits using various instruments such as formats, *leaflets* and tools in midwifery examinations. The gestation period for Mrs. S G3P2A0H2 with third trimester discomfort has been given health care and education so that complaints can be resolved. At the birth of Mrs. S with term pregnancy gave birth normally, previously in the first stage was given therapy in the form of back massage and relaxation techniques. The baby was born spontaneously crying, the sex is female, the weight is 3600 grams and the body length is 50 cm. Stage III Mrs. S with retained placenta so that the placenta was performed manually and the placenta was delivered complete, the IV stage, Mrs. S proceeds normally. During the puerperium there were complaints of afterpain and substandard breast milk on the first day, had been given care in the form of early mobilization and breastfeeding techniques so that the problem could be resolved, as well as teaching postpartum gymnastics and family planning counseling. In neonates, mothers are taught to do baby massage so that the baby's weight gain is 700 grams. In providing midwifery care, midwives are expected to be able to provide ongoing services in accordance with the established midwifery authority.

**Keywords : *Comprehensive Midwifery Care for Pregnant Women, Maternity, Postpartum and Neonates.***

Reading List : 44 references (2011-2020)