

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2021
SULIA NINGSIH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. C DI PRAKTIK
MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU TAHUN 2021
Halaman 147, Tabel 11, Lampiran 12**

ABSTRAK

Pelayanan kesehatan sangat penting bagi keberlangsungan hidup ibu dan bayi. Pelayanan ini dilakukan dengan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan. Laporan Tugas Akhir ini bertujuan untuk memberikan dan menerapkan asuhan kebidanan pada Ny. C di Praktik Mandiri Bidan Dince Safrina pada bulan Desember 2020-Februari 2021. Asuhan berupa kunjungan hamil mulai usia kehamilan 33 minggu sampai dengan usia kehamilan 39 minggu dilakukan 3 kali periode kunjungan; bersalin 1 kali kunjungan, nifas 8 kali kunjungan, dan neonatus 7 kali kunjungan. Selama kehamilan (G₃P₁A₁H₁), Ny,C mengeluh nyeri punggung dan keputihan yang dapat diatasi dengan memberikan pendidikan kesehatan tentang cara mengatasi keluhan yang dialami. Persalinan berlangsung pada usia kehamilan 39 minggu, pada persalinan terjadi kala II memanjang, tetapi persalinan berlangsung spontan dan normal setelah 1 jam 30 menit dipimpin dan diberikan asuhan persalinan sesuai standar dengan pemantauan kemajuan persalinan, kondisi ibu dan janin secara koperatif. Bayi lahir spontan dengan berat badan 3900 gram dan terdapat *caput suksedaneum*. *Caput suksedaneum* hilang pada hari ke 5 dan kepala bayi kembali normal. Pada neonatus diberikan perawatan bayi sehari-hari, perawatan tali pusat, pijat bayi, konseling perawatan *caput suksedenum*, pencegahan *hipotermi* dan imunisasi. Pada hari ke 28 berat badan bayi 5.300 gram yaitu mengalami kenaikan 1.400 gram dari berat bdn lahir. Pada masa nifas ibu mengeluh mulas pada perut, nyeri luka jahitan dan kurang istirahat pada malam hari. Keluhan ibu dapat diatasi dengan memberikan konseling tentang penyebab dan cara mengurangi mulas dan nyeri pada luka jahitan, cara pencegahan infeksi dan pola istirahat. Asuhan nifas lainnya adalah mengajarkan ibu senam nifas dan konseling keluarga berencana serta ibu memutuskan akan menggunakan KB suntik 3 bulan pada hari ke 40. Diharapkan bidan dapat mempertahankan dan mengoptimalkan pelayanan yang komprehensif dan berkesinambungan yang telah dilakukan sesuai dengan standar pelayanan kebidanan dimulai dari masa kehamilan, persalinan, neonatus (BBL) dan nifas termasuk didalamnya keluarga berencana.

**Kata kunci : Asuhan Kebidanan Ibu Hamil, Bersalin, Nifas dan Neonatus
Daftar Bacaan : 40 Referensi (2007-2020)**

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA

**RIAU MINISTRY OF HEALTH POLYTECHNIC
D III MIDWIFE STUDY PROGRAM**

FINAL PROJECT REPORT, APRIL 2021

SULIA NINGSIH

**COMPREHENSIVE MIDWIFE CARE IN MRS. C AT DINCE SAFRINA'S
MIDWIFE INDEPENDENT PRACTICE IN PEKANBARU CITY IN 2021
148 PAGES, 11 TABLES, 12 APPENDICES**

ABSTRACT

Health services are very important for the survival of mothers and babies. This service is carried out by providing comprehensive and continuous midwifery care. This Final Project Report aims to provide and implement midwifery care to Mrs. C at Dince Safrina's Midwife Independent Practice in December 2020-February 2021. Care in the form of pregnancy visits starting at 33 weeks of gestation up to 39 weeks of gestation carried out 3 times for visit periods; 1 visit for delivery, 8 visits for postpartum, and 7 visits for neonates. During pregnancy (G₃P₁A₁H₁), Mrs. C complained of back pain and vaginal discharge which could be overcome by providing health education on how to overcome the complaints experienced. Labor took place at 39 weeks of gestation, the second stage of labor was prolonged, but labor was spontaneous and normal after 1 hour and 30 minutes and was led and provided delivery care according to standards with cooperative monitoring of labor progress, maternal and fetal conditions. The baby was born spontaneously with a weight of 3900 grams and there was a caput succedaneum. The caput succedaneum disappeared on day 5 and the baby's head returned to normal. Neonates are given daily infant care, umbilical cord care, infant massage, caput succedaneum care counseling, prevention of hypothermia and immunization. On day 28, the baby's weight was 5,300 grams, which was an increase of 1,400 grams from birth weight. During the puerperium the mother complained of heartburn in the stomach, pain in the stitches and lack of rest at night. Mother's complaints can be overcome by providing counseling about the causes and ways to reduce heartburn and pain in stitches, ways to prevent infection and rest patterns. Other postpartum care is teaching women postpartum exercises and family planning counseling and the mother decides to use 3-month injectable contraception on day 40. It is hoped that midwives can maintain and optimize comprehensive and continuous services that have been carried out in accordance with midwifery service standards starting from pregnancy, childbirth, neonates (BBL) and postpartum including family planning.

Keywords : Midwifery Care for Pregnant Women, Maternity, Postpartum and Neonates

Reading List : 40 References (2007-2020)