

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021**

**HANIFA VIDRYANI**

**Asuhan Kebidanan Komprehensif pada Ny.A di Praktik Mandiri Bidan Lilis Sugianti Kota Pekanbaru**

**± 150 Halaman + 7 Tabel + 17 Lampiran**

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**ABSTRAK**

*Continuity of Midwifery Care (CoMC)* merupakan salah satu model asuhan kebidanan yang apabila dilakukan dengan baik dan benar dapat meningkatkan kualitas asuhan dalam layanan kesehatan ibu dan anak (KIA) sehingga diharapkan dapat berkontribusi dalam percepatan penurunan AKI dan AKB di Indonesia. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas, dan neonatus dengan menerapkan standar protokol kesehatan dalam masa pandemi dan pendokumentasian dilakukan dengan metode SOAP. Asuhan ini dimulai sejak tanggal 18 Desember 2020 hingga 21 Februari 2021 pada Ny. A di PMB Lilis Sugianti pada usia kehamilan 34 minggu dan diikuti dengan 3 kali kunjungan kehamilan, 3 kali kunjungan nifas dan 3 kali kunjungan neonatus. Instrumen yang digunakan adalah format pengkajian (ANC, Persalinan, Nifas, BBL, KSPR dan EPDS), alat pemeriksaan fisik dan media penyuluhan (leaflet dan lembar balik). Hasil asuhan didapatkan pada pemeriksaan kehamilan skor KSPR ibu adalah 10 (resiko tinggi) ibu harus bersalin di fasilitas kesehatan serta menjadwalkan kunjungan pemeriksaan ibu, kunjungan pertama ANC keluhan ibu nyeri pinggang dan penatalaksanaan yang diberikan senam hamil dan pendkes tentang posisi duduk yang benar. Evaluasi keluhan nyeri pinggang sudah berkurang. Pada masa persalinan tidak ditemukan penyulit, kala II berlangsung selama 10 menit bayi lahir dengan JK laki-laki, BB/PB 3200/51 cm. Pada masa nifas tidak ditemukan tanda bahaya masa nifas, ibu bisa menyusui dengan baik, skor EPDS 3, ibu dibimbing melakukan perawatan payudara dan senam nifas. Selama masa neonatus bayi mengalami kenaikan berat badan 1200 gr dan tidak ditemukan penurunan BB pada 1 minggu pertama. Diharapkan bidan dalam memberikan asuhan kebidanan komprehensif dan berkesinambungan (CoMC) selalu menerapkan protokol kesehatan covid-19 dengan menerapkan peraturan jaga jarak pada saat menunggu giliran untuk diperiksa.

**Kata Kunci** : *Asuhan kebidanan komprehensif, kehamilan, Persalinan, Nifas, KB, dan Neonatus*

**Daftar Pustaka: 35 (2011-2020)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU MINISTRY OF HEALTH POLYTECHNIC  
D-III Midwifery Study Program**

**FINAL PROJECT REPORT, MAY 2021**

**HANIFA VIDRYANI**

**Comprehensive Midwifery Care for Mrs.  
A at Lilis Midwife Independent Practice  
Sugianti Pekanbaru City**

**± 150 pages + 7 Tabel + 17 Appendix**

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**ABSTRACT**

*Continuity of Midwifery Care (CoMC)* is one of the models of midwifery care which, if done properly and correctly, can improve the quality of care in maternal and child health services (MCH) so that it is expected to contribute to the acceleration of the decline in MMR and IMR in Indonesia. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonates by applying standard health protocols during a pandemic and documentation is carried out using the SOAP method. This care starts from December 18, 2020 to February 21, 2021 on Ny. A in PMB Lilis Sugianti at 34 weeks of gestation and followed by 3 pregnancy visits, 3 postpartum visits and 3 neonatal visits. The instruments used were the assessment format (ANC, Childbirth, Postpartum, BBL, KSPR and EPDS), physical examination tools and counseling media (leaflets and flipcharts). The results of the care obtained during the pregnancy examination, the mother's KSPR score was 10 (high risk) the mother had to give birth at a health facility and scheduled a maternal examination visit, the first ANC visit, the mother complained of low back pain and the management provided by pregnancy exercise and health education about the correct sitting position. Evaluation of complaints of low back pain has decreased. There were no complications during labor. The second stage lasted for 10 minutes. The baby was born with a male JK, BB/PB 3200/51 cm. During the puerperium there were no danger signs during the puerperium, the mother was able to breastfeed well, the EPDS score was 3, the mother was guided to do breast care and postpartum exercise. During the neonate period, the baby gained 1200 g of weight and there was no weight loss in the first 1 week. It is expected that midwives in providing comprehensive and continuous midwifery care (CoMC) always apply the COVID-19 health protocol by implementing social distancing regulations while waiting for their turn to be examined.

**Keywords** : *Comprehensive midwifery care, pregnancy, childbirth, postpartum, family planning, and neonates*

**Bibliography** : 35 (2011-2020)

