

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2021
NOVI MUSTOVA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI PRAKTIK
MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU
x + 116 Halaman + 7 Tabel + 10 Lampiran**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan metode asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)*. Laporan kasus ini bertujuan untuk memberikan asuhan *CoMC* dari masa kehamilan trimester III, persalinan, nifas, dan neonatus di PMB Dince Safrina Kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan Desember 2020-Februari 2021 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali (UK 34 minggu 4 hari, 36 minggu 1 hari, 38 minggu), mendampingi saat bersalin 1 kali, nifas 3 kali (12 jam, hari ke-7, 36) dan *neonatus* 3 kali (hari ke-2, 5, 19) di PMB dan rumah pasien. Pada Ny. Y proses kehamilan ditemukan masalah yaitu ketidakpatuhan Ny. Y dalam mengkonsumsi tablet tambah darah, asuhan yang diberikan yaitu dengan anjuran mengkonsumsi tablet tambah darah dan makan-makanan yang bergizi seimbang dan bervariasi. Masalah yang ditemukan dapat teratasi dan asuhan yang diberikan berhasil, dibuktikan dengan terjadinya peningkatan HB Ny. Y. Pada masa persalinan kala I – kala IV normal, pada kala I diberikan metode *massage*, teknik *birth ball* dan relaksasi, untuk mengurangi nyeri persalinan. Pada masa nifas tidak ditemukan masalah dan diajarkan senam nifas untuk involusi uterus. Dan pada neonatus tidak ditemukan masalah, asuhan yang diberikan yaitu pijat bayi. Asuhan yang diberikan berhasil dibuktikan dengan adanya penambahan berat badan bayi. Disarankan bagi PMB Dince untuk mempertahankan kualitas pelayanan yang diberikan dan meningkatkan pelayanan kebidanan masa nifas dengan kunjungan rumah.

Kata Kunci : Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus

Daftar Bacaan : 34 Referensi (2010-2018)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH MINISTRY OF HEALTH RIAU
STUDY D-III MIDWIFERY**

**FINAL REPORT, MARCH 2021
NOVI MUSTOVA**

**MIDWIFERY COMPREHENSIVE CARE IN Mrs. Y IN THE
INDEPENDENT PRACTICE OF MIDWIFE DINCE SAFRINA,
PEKANBARU CITY**

x + 116 page + 7 table + 10 attachments

ABSTRACT

One of the efforts to prevent and manage complications in pregnancy, childbirth, postpartum and neonate is the Continuity of Midwifery Care (CoMC) method. This case report aims to provide CoMC care from the third trimester of pregnancy, childbirth, postpartum, and neonates at PMB Dince Safrina Pekanbaru City. Implementation is carried out according to midwifery care standards with a midwifery management approach and documented by the SOAP method. This midwifery care was carried out from December 2020-February 2021 for 10 visits, namely during pregnancy 3 times (UK 34 weeks 4 days, 36 weeks 1 day, 38 weeks), assisted during childbirth 1 time, postpartum 3 times (12 hours, days 7th, 36th) and neonates 3 times (days 2nd, 5th, 19th) at the PMB and the patient's home. On Mrs. In the process of pregnancy, problems were found, namely the non-compliance of Mrs. Y in consuming blood-added tablets, the care provided is by recommending consuming blood-added tablets and eating balanced and varied nutritious foods. The problems found can be resolved and the care provided is successful, as evidenced by the increase in HB Ny. Y. During the first stage of labor - the normal fourth stage, during the first stage massage methods, birth ball techniques and relaxation were given, to reduce labor pain. During the puerperium no problems were found and puerperal exercises were taught for uterine involution. And in neonates no problems were found, the care provided was baby massage. The care provided was successfully proven by the addition of the baby's weight. It is recommended for PMB Dince to maintain the quality of services provided and improve midwifery services during the puerperium with home visits.

Keywords : Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonates

Reading list : 34 Reference (2010-2018)