

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2021

UFI ALFIANINGSIH

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI PMB SITI
JULAEHA KOTA PEKANBARU**

v + 140 halaman + 6 table + 10 lampiran

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny.M G₂P₁A₀H₁ diberikan di PMB Siti Julaeha kota Pekanbaru dari bulan Desember 2020 - Februari 2021. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan dengan keluhan yang ibu alami adalah sering nyeri punggung, diberikan asuhan sesuai dengan kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 4000 gram PB: 50 cm, perdarahan ±100 cc, kontraksi baik, plasenta lahir lengkap, laserasi jalan lahir derajat II. Kunjungan nifas dilakukan sebanyak 3 kali kunjungan dengan masalah nyeri dan pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, pijat okstitosin dan perencanaan keluarga sehingga masalah dapat diatasi dan ibu berencana menggunakan KB suntik 3 bulan. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan, asuhan yang diberikan adalah pijat bayi, terjadi peningkatan berat badan bayi sebanyak 6600 gram dan dilakukan asuhan perawatan tali pusat, pada hari ke-7 tali pusat sudah puput. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : Asuhan Kebidanan komprehensif
Daftar Pustaka : 28 referensi (2010-2018)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC OF HEALTH
DIII MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, MEI 2021

UFI ALFIANINGSIH

**COMPREHENSIVE MIDWIFERY CARE IN NY. M IN THE BPM SITI
JULAEHA, PEKANBARU CITY**

v + 140 Pages + 6 Tables + 2 Pictures + 10 Attachments

Midwives play an important role in providing comprehensive and sustainable maternal and child services. This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonates. Comprehensive and continuous care for Mrs. M G2P1A0H1 is given at PMB Siti Julaeha Pekanbaru city from December 2020 - February 2021. During pregnancy 3 visits were made with complaints that the mother experienced were frequent urination and back pain, given care according to needs and problems could be overcome. Delivery care in accordance with Normal Delivery Care (APN), the baby was born spontaneously BB: 4000 grams PB: 50 cm, bleeding \pm 100 cc, good contractions, complete delivery of placenta, second degree laceration of the birth canal. Postpartum visits were carried out 3 times with pain problems and breast milk production that had not been smooth. Mothers are taught breastfeeding techniques, oxytocin massage and family planning so that problems can be overcome and mothers plan to use 3 month injection. contraception. Neonatal visits were carried out 3 times, the care provided was baby massage, there was an increase in the baby's weight as much as 6600 grams and umbilical cord care was carried out, on the 7th day the umbilical cord was lost. It is hoped that health workers, especially midwives, can carry out midwifery care in a sustainable and sustainable manner starting from the period of pregnancy, childbirth, postpartum and neonates

Keywords : Comprehensive Midwifery Care
Reference : 28 references (2010-2018)