

**KEMENTRIAN KESEHATAN REPUBLIK INDONESIA
POLTEKKES KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021
INTAN KAMELA SARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI PRAKTIK
MANDIRI BIDAN HASNA DEWI KOTA PEKANBARU**

±128 Halaman, 12 Tabel, 13 Lampiran

ABSTRAK

Indikator Pelayanan Kesehatan Ibu dan Anak (KIA) di tandai oleh Angka Kematian Ibu (AKI) yang menjadi tolak ukur dalam menilai derajat kesehatan suatu bangsa. Upaya – upaya yang diperlukan dalam mencapai derajat kesehatan masyarakat yang optimal dalam penurunan AKI yang dapat dilakukan bidan yaitu melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan. Asuhan di berikan pada Ny. R G₁P₀A₀H₀ pada usia kehamilan 34-35 minggu di PMB Hasna Dewi bulan Desember 2020 sampai Februari 2021. Asuhan berupa kunjungan hamil 3 kali, pertolongan persalinan, nifas dan neonatus 3 kali. Selama kehamilan ibu mengeluh kram kaki dan nyeri perut, di berikan asuhan sesuai dengan kebutuhan dan masalah dapat di atasi. Pada saat persalinan terdapat keluhan nyeri kontraksi persalinan dan diberikan asuhan sayang ibu berupa *birth ball*, massase punggung dan teknik *rebozo* sehingga proses persalinan berlangsung normal. Bayi lahir dengan jenis kelamin perempuan, berat badan 3.300 gram, panjang badan 48 cm. Saat kunjungan nifas keluhan yang didapatkan nyeri pada bekas jahitan, dengan asuhan yang diberikan masalah dapat teratasi. Pada kunjungan neonatus ibu mengeluh bayinya rewel dan dilakukan asuhan pijat bayi sehingga dapat meningkatkan kualitas tidur bayi dan kenaikan berat badan bayi 400 gram. Di harapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : *Kehamilan, Persalinan, Nifas, Neonatus dan Komprehensif*

Referensi : 65 Referensi (2012-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTCHNIC OF, RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

FINAL PROJECT REPORT, MEI 2021

INTAN KAMELA SARI

**COMPREHENSIVE MIDWIFERY CARE TO MRS. R AT THE
MIDWIFERY CARE PRACTICE HASNA DEWI PEKANBARU
CITY**

±128 pages, 12 tables, 13 Attachments

ABSTRACT

Maternal and child helat service indicators are marked by the death rate which is a benchmark in assessing the health status of a nation. The efforts needed to achieve optimal public health degrees in reducing maternal mortality rates that can be done by midwives are to carry out midwifery care in a sustainable and sustainable manner. Care given to Mrs. R G₁P₀A₀H₀ 34-35 weeks of gestation at Hasna Dewi's independent practice from December 2020 to February 2021. Care in the form of pregnancy visits 3 times, delivery assistance, postpartum and neonates 3 times. During pregnancy the mother complains of leg cramps and abdominal pain, care is given according to needs and problems can be overcome. At the time of delivery there were complaints of pain in labor contractions and maternal care was given in the form of birth balls, back massage and rebozo techniques so that the labor process proceeded normally. The baby was born with a female sex, weight 3,300 grams, body length 48 cm. During the puerperium visit, the patient complained of pain at the suture mark, with the care provided the problem could be resolved. At the neonates visit, the mother complained that her baby was fussy and was given baby massage care so that it could improve the baby's sleep quality and the baby's weight gain was 400 grams. It is hoped that health workers, especially midwives, can carry out midwifery care in a sustainable and sustainable manner in accordance with the standards of care for midwifery services starting from pregnancy, childbirth, postpartum and neonates.

Keywords :Pregnancy, Childbirth, Postpartum, Neonates and Comprehensive

Reference : 65 Reference (2012-2020)