

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2021  
SALSABILA BUNGA ADELIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. "R" DI KLINIK  
PRATAMA ARRABIH KOTA PEKANBARU  
X, 94 Halaman, 5 Tabel, 8 Lampiran**

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**ABSTRAK**

Semakin rendah AKI, maka mengindikasikan semakin baik pembangunan suatu wilayah di bidang kesehatan. AKI di Indonesia masih jauh dibawah target *Sustainable Development Goals* (SDGs). Salah satu upaya untuk penurunan AKI ialah Asuhan kebidanan *Continuity of Midwifery Care* (CoMC) yaitu asuhan kebidanan komprehensif yang diberikan kepada ibu dan bayi dimulai pada saat kehamilan, persalinan, nifas dan bayi baru lahir. Dengan adanya asuhan komprehensif maka perkembangan kondisi ibu setiap saat akan terpantau dengan baik. Asuhan diberikan di Klinik Pratama Arrabih Kota Pekanbaru mulai Desember 2020 sampai Januari 2021 pada Ny. R dimulai pada usia kehamilan 36 minggu. Asuhan kehamilan dilakukan 3 kali kunjungan, asuhan masa nifas dilakukan 4 kali kunjungan dan asuhan neonatus dilakukan 3 kali kunjungan. Pengambilan data dilakukan secara langsung dan melakukan pendokumentasian menggunakan SOAP. Selama kunjungan hamil, ibu mengeluh nyeri pada perut bagian bawah, dan ibu mengalami varises di kaki, lalu diberikan asuhan senam hamil dan mengatur posisi ibu. Asuhan persalinan telah dilakukan sesuai APN dan berjalan dengan normal. Bayi lahir sehat, langsung menangis dengan jenis kelamin perempuan. Pada masa nifas, ibu tidak mengalami komplikasi dan masa nifas ibu berjalan dengan normal. ibu mengatakan bayinya menyusu dengan adekuat, dan ibu merasa senang. Pada kunjungan neonatus bayi diasuh dan bayi Ny. R mengalami kenaikan berat badan serta dilakukan pemeriksaan tidak terdapat masalah. Diharapkan agar para penyedia lahan praktik seperti bidan praktik mandiri atau klinik swasta dapat meningkatkan asuhan kebidanan kepada seluruh pasien sesuai dengan standar kebidanan, serta meningkatkan kualitas pelayanan kebidanan komprehensif.

**Kata Kunci:** *Asuhan kebidanan komprehensif, hamil, bersalin, nifas, neonatus.*  
**Referensi :** 24 Referensi (2010-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
POLYTECHNIC OF HEALTH, MINISTRY OF HEALTH, RIAU  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MARCH 2021  
SALSABILA BUNGA ADELIA**

**COMPREHENSIVE MIDWIFERY IN NY. "R" IN PRATAMA ARRABIH  
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X, 94 Pages, 5 Tables, 8 Attachment**

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**ABSTRACT**

The lower the MMR, the better the development of a region in the health sector. MMR in Indonesia is still far below the target of the Sustainable Development Goals (SDGs). One of the efforts to reduce MMR is Continuity of Midwifery Care (CoMC) midwifery care, which is comprehensive midwifery care provided to mothers and babies starting during pregnancy, childbirth, postpartum and newborns. With the CoMC care, the development of the mother's condition at any time will be well monitored. Care is provided at the Arrabih Primary Clinic, Pekanbaru City from December 2020 to January 2021. Data collection is carried out directly and documentation using SOAP. Pregnancy care until the puerperium and neonatal care are running normally. During the pregnancy visit, the mother complained of pain in the lower abdomen, and the mother experienced varicose veins in the legs, care was given regarding these complaints. Childbirth care has been carried out according to the APN and is running normally. Babies born healthy, immediately cry with the female sex. During the puerperium, the mother did not experience any complications and the postpartum period was running normally. the mother said the baby was breastfeeding adequately, and the mother was happy. At the newborn visit, the baby was cared for and Mrs. R has gained weight and was examined without any problems. Based on the results of comprehensive midwifery care that has been carried out on Mrs. "R" it is hoped that services in practical fields can be maintained and improved and it is hoped that educational institutions can improve the quality of education for students so that they can understand the management of comprehensive care so that the condition of mothers and babies remains good and can prevent complications and death.

Keywords: *Comprehensive midwifery care, pregnancy, maternity, childbirth, neonates.*

Reference: 24 Reference (2010-2020)