# MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA RIAU HEALTH POLYTECHNIC DIII MIDWIFERY STUDY PROGRAM 

FINAL PROJECT REPORT, MEI 2021
PUTRI PERMATA SARI
COMPREHENSIVE MIDWIFERY CARE IN NY . N IN PRATAMA ARRABIH CLINIC PEKANBARU, 2021

XI + 130 Pages +5 Tables +8 Appendices


#### Abstract

Comprehensive midwifery care is an effort to reduce maternal and infant mortality rates. This case report aims to provide CoMC care from the third trimester of pregnancy, childbirth, childbirth, and neonates at Clinic Pratama Arrabih, Pekanbaru City. This midwifery care was carried out from January 2020 - March 2021 with 12 visits, namely 4 times pregnant period (UK 36 weeks, 37 weeks 2 days, 37 weeks 7 days, 38 weeks 1 days), accompanying childbirth 1 time, postpartum 4 times ( 12 hours, day 3,19 , and 36 ) and neonates 3 times ( 12 hours, day 3,19 ) in the clinic and the patient's home. On Mrs. N the process of pregnancy takes place physiologically even though there are complaints of third trimester discomfort such as vaginal discharge, this can be overcome by providing ongoing health care and education, and on the KSPR score, the results were 6, 2 early visits during pregnancy and 4 IUFD the second child. During labor, the mother gave birth with a term pregnancy ( 39 weeks and 1 day) and when I-IV was running normally, previously on the first stage she was given massage. Babies were born crying spontaneously, with female gender, BB 3600 grams and PB $51,5 \mathrm{~cm}$. At the postpartum visit, the mother complained of a little breast milk at the beginning of the puerperium, but these complaints can be resolved with oxytocin massage, early mobilization taught, puerperal exercise for uterine involution. It is recommended for midwives to implement CoMC midwifery care at clinic in order to improve the quality of midwifery care and keep up with the development of science.


Keywords: Comprehensive Midwifery Care, KSPR 6, CoMC
References: 16 References (2010-2019)

