

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2021
CANTIKA DWI PURNAMA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY “R” DI KLINIK
PRATAMA ARRABIH PEKANBARU TAHUN 2021**

± 134 Halaman, 5 Tabel, 11 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan untuk memberikan asuhan CoMC dari masa hamil trimester III, persalinan, masa nifas, dan neonatus di Klinik Pratama Arrabih Kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan Januari 2021 – Maret 2021 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali, mendampingi saat bersalin 1 kali, nifas 3 kali dan neonatus 3 kali. Pada Ny. R proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III seperti nyeri pinggang dan sering BAK, hal tersebut dapat diatasi dengan memberikan asuhan dan pendidikan kesehatan yang berkelanjutan. Pada masa persalinan, ibu bersalin dengan kehamilan aterm (41 minggu) dan kala I-IV berjalan normal, sebelumnya pada kala I diberikan metode massage. Bayi lahir menangis spontan, dengan jenis kelamin laki-laki BB 4200 gram dan PB 52 cm. Pada kunjungan nifas ibu mengeluh ASI sedikit tetapi keluhan tersebut dapat teratasi dengan pijat oksitosin lalu ibu diajarkan untuk mobilisasi dini. Pada masa neonatus bayi mengalami kenaikan BB pada hari ke-7 yaitu 200 gram dari berat badan sebelumnya yaitu 4200 gram dengan asuhan yang diberikan berupa pijat bayi. Disarankan bagi bidan untuk menerapkan asuhan kebidanan CoMC di Klinik agar dapat meningkatkan kualitas asuhan kebidanan dan dapat mengikuti perkembangan ilmu pengetahuan.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*
Referensi : 34 Referensi (2010-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MEDICAL POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL REPORT, MAY 2021
CANTIKA DWI PURNAMA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS “R” IN PRATAMA
ARRABIH CLINIC PEKANBARU, 2021**

±134 Pages, 5 Tables, 11 Appendices

ABSTRACT

One of the efforts to prevent and manage complications in pregnancy, childbirth, postpartum and neonate is with comprehensive midwifery care or Continuity of Midwifery Care (CoMC). This case report aims to provide CoMC care from the third trimester of pregnancy, childbirth, postpartum, and neonates at the Arrabih Primary Clinic, Pekanbaru City. Implementation is carried out according to midwifery care standards with a midwifery management approach and documented by the SOAP method. This midwifery care is carried out from January 2021 - March 2021 for 10 visits, namely during pregnancy 3 times, accompanying during childbirth 1 time, postpartum 3 times and neonates 3 times. On Mrs. The process of pregnancy is physiological, although there are complaints of third trimester discomfort such as low back pain and frequent urination, these can be overcome by providing ongoing health care and education. At the time of delivery, the mother gave birth at term (41 weeks) and the I-IV stages were running normally, previously in the first stage the massage method was given. The baby was born crying spontaneously, the sex was male, BB 4200 grams and PB 52 cm. At the postpartum visit, the mother complained of little breast milk but the complaint could be resolved with oxytocin massage and then the mother was taught to mobilize early. During the neonate period, the baby experienced an increase in weight on the 7th day, which was 200 grams from the previous weight of 4200 grams with the care provided in the form of baby massage. It is recommended for midwives to apply CoMC midwifery care in the clinic in order to improve the quality of midwifery care and be able to follow the development of science.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, childbirth, neonates*

References: 34 References (2010-2020)