

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
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PROGRAM STUDI DIH GIZI**

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**GAMBARAN STATUS PEKERJAAN IBU TERHADAP PEMBERIAN ASI
EKSLUSIF DAN STATUS GIZI PADA BALITA 6-59 BULAN PADA
POSYANDU BERANI MENJADI PELAPIS DADA DI WILAYAH
PUSKESMAS MELUR SUKAJADI**

Xiii + 27 + 5 Tabel + 1 Gambar + 8 Lampiran

ABSTRAK

Cakupan ASI Eksklusif secara nasional belum mencapai target 80%. Cakupan ASI Eksklusif di Provinsi Riau (2018) sebesar 48%, dan tahun 2019 sebesar 73%. Cakupan ASI Eksklusif di Puskesmas Melur tahun 2019 sebesar 50,5% dan tahun 2020 sebesar 43,58%. Keberhasilan ASI Eksklusif dipengaruhi beberapa faktor salah satunya pekerjaan ibu.

Tujuan dari penelitian ini yaitu untuk mengetahui gambaran status pekerjaan ibu terhadap pemberian ASI Eksklusif dan status gizi balita pada 6-59 bulan pada Posyandu Berani Menjadi Pelapis Dada di Wilayah Kerja Puskesmas Melur Sukajadi. Jenis penelitian ini adalah penelitian *Deskriptif Kuantitatif*, dengan menggunakan teknik *purposive sampling*. Sampel penelitian ini adalah ibu yang memiliki balita berumur 6-59 bulan yang ditimbang berat badan dengan melakukan kunjungan rumah pada bulan maret 2021 sebanyak 20 orang. Analisis data dilakukan secara Deskriptif.

Hasil penelitian ini menunjukkan status pekerjaan ibu sebagian besar sebagai ibu rumah tangga sebanyak 45%, pegawai swasta sebanyak 30%, pedagang sebanyak 15%, PNS sebanyak 10%, balita yang mendapat ASI Eksklusif sebanyak 75%, balita yang tidak mendapat ASI Eksklusif dan balita dengan Status Gizi baik 95%, balita dengan status gizi kurang sebanyak 5%.

Referensi : 31 (2000-2019)

Kata Kunci : Pekerjaan Ibu, ASI Eksklusif, Balita, Status Gizi

**MINISTRY OF HEALTH THE REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH OF MINISTRY HEALTH RIAU
STUDY OF NUTRITIONAL PROGRAMS**

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**OVERVIEW OF MOTHER'S OCCUPATION STATUS TOWARD
EXCLUSIVE BREASTFEEDING AND NUTRITIONAL STATUS OF 6-59
MONTHS TODDLER IN BERANI MENJADI PELAPIS DADA
INTEGRATED HEALTH CENTER IN WORKING AREA OF MELUR
SUKAJADI PUBLIC HEALTH CENTER**

Xiii + 27 Pages + 5 Table + 1 picture + 8 figure

ABSTRACT

National exclusive breastfeeding coverage has not yet reached the 80% target. Exclusive breastfeeding coverage in Riau Province in 2018 was 48% while in 2019 it was 73%. Exclusive breastfeeding coverage at the Melur Health Center in 2019 was 50.5% and in 2020 it was 43.58%. The success of exclusive breastfeeding is influenced by several factors, one of which is the mother's job.

The purpose of this study was to determine the description of the mother's employment status on exclusive breastfeeding and the nutritional status of toddlers at 6-59 months at the Posyandu Dare to be Breastplate in the Work Area of the Melur Sukajadi Health Center. This type of research is descriptive quantitative research, using purposive sampling technique. The sample of this research is mothers who have toddlers aged 6-59 months who are weighed by making home visits in March 2021 as many as 20 people. Data analysis is done descriptively.

The results of this study indicate that the work status of mothers is mostly as housewives as much as 45%, private employees as much as 30%, traders as much as 15%, civil servants as much as 10%, toddlers who receive exclusive breastfeeding as much as 75%, toddlers who do not receive exclusive breastfeeding and toddlers. with 95% good nutritional status, 5% under five with poor nutritional status.

Referensi : 31 (2000-2019)

Keyword : Mother Work, Exclusive Breastfeeding, Toddler, Nutritional Status