

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN
LAPORAN TUGAS AKHIR, MEI 2021
CAHAYA BULAN
ASUHAN KEBIDANAN KOMPREHENSIF PADA NY D DI KLINIK
ANNISA MEDIKA 2 KOTA PEKANBARU
± 118 Halaman, 7 Tabel, 14 Lampiran**

ABSTRAK

Salah satu program pemerintah untuk menurunkan AKI dan AKB serta meningkatkan kualitas pelayanan kesehatan bagi ibu dan bayi dengan melakukan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Asuhan kebidanan ini dilakukan secara komprehensif dan berkelanjutan pada saat kehamilan, persalinan, nifas dan bayi baru lahir. Laporan tugas akhir ini bertujuan memberikan asuhan secara komprehensif kepada Ny D di klinik Annisa Medika 2 kota Pekanbaru. Penulisan laporan ini menggunakan teknik wawancara, melakukan pemeriksaan dan asuhan dengan menggunakan seperangkat alat pemeriksaan fisik, alat persalinan, alat pemeriksaan bayi baru lahir serta menggunakan pendokumentasian menggunakan metode SOAP. Asuhan kebidanan ini dilaksanakan dari bulan November 2020 s/d Januari 2021 dilakukan 2 kali kunjungan kehamilan (UK 36 minggu, 37 minggu), mendampingi persalinan, 4 kali kunjungan nifas (6 jam, 7 hari, 16 hari, dan 34 hari) dan neonatus 4 kali (6 jam, 7 hari, 16 hari, dan 23 hari) dirumah pasien dan klinik.

Pada Ny. D proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III nyeri pinggang, keluhannya dapat diatasi dengan pendidikan kesehatan dan senam hamil. Asuhan kehamilan dilakukan sesuai dengan standar asuhan yaitu minimal 10 T. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN) di klinik Annisa Medika 2 , bayi lahir spontan BB: 3300 gram PB: 49 cm, perdarahan ±150 cc, kontraksi baik, plasenta lahir lengkap, laserasi jalan lahir derajat II. Pada kunjungan nifas involusi berjalan dengan normal, didapatkan keluhan nyeri bekas luka perineum, dapat teratasi dengan pendidikan kesehatan. Pada asuhan neonatus BB bayi mengalami peningkatan dan diberikan asuhan pijat bayi. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas dan neonatus

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*

Kepustakaan : 43 referensi 2008-2020

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, MINISTRY OF HEALTH, RIAU STUDY
PROGRAM DIII MIDWIFERY
FINAL PROJECT REPORT, MEI 2021**

**CAHAYA BULAN
COMPREHENSIVE MIDWIFERY CARE IN MRS. D IN ANNISA
MEDIKA 2 CLINIC PEKANBARU IN 2021
± 118 Pages, 7 Tables, 14 Appendices**

ABSTRACT

One of the government programs is to reduce MMR and IMR and improve the quality of health services for mothers and babies by providing Continuity of Midwifery Care (CoMC). This midwifery care is carried out comprehensively and continuously during pregnancy, childbirth, and newborns. This final report aims to provide comprehensive care for Mrs. D at the Annisa Medika 2 clinic in Pekanbaru city. The writing of this report uses interview techniques, carries out examinations and care using a set of physical examination tools, delivery kits, newborn examination tools and documentation using the SOAP method. This midwifery care was carried out from November 2020 to January 2021 with 2 pregnancy visits (UK 36 weeks, 37 weeks), accompanying childbirth, 4 postpartum visits (6 hours, 7 days, 16 days, and 34 days) and neonates. 4 times (6 hours, 7 days, 16 days, and 23 days) at the patient home and clinic.

On Mrs. D, the process of pregnancy takes place physiologically, although there are complaints of discomfort in the third trimester of low back pain, the complaints can be resolved with health education and pregnancy exercise. During labor, mothers with gestational age at term (38 weeks) and at Kala I-IV are running normally, at Kala I given back massage care. The labor assistance was carried out according to the APN, the baby was born spontaneously with female gender, 3300 grams and PB 49 cm and there were grade II lacerations. In the postpartum visit, involution is running normally, there are complaints of perineal scar pain, which can be resolved with health education. In the neonates care, the baby's BB has increased and is given baby massage care. It is recommended for midwives to carry out comprehensive pregnancy, labor, postpartum and family planning services as well as to keep abreast of scientific developments.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, childbirth, neonates*

References: 43 References (2008-2020)