

ABSTRAK

Nur Putri Noviyanti (2022). *Penerapan Terapi Bermain Finger Painting Untuk Meningkatkan Motorik Halus Pada Anak Usia Prasekolah Di Raudhatul Athfal Akbar*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Magdalena, SST , M.Kes (II) R. Sakhnan , SKM , M.Kes

Latar Belakang: Anak Prasekolah merupakan anak yang sedang menjalani proses perkembangan yang sangat pesat. Perkembangan motorik halus sangat mempengaruhi perkembangan lainnya. Jika motorik halus anak kurang stimulasi, akan mengakibatkan anak jadi tidak percaya diri yang menyebabkan anak mengalami penurunan prestasi. Kegiatan yang diharapkan untuk dapat menstimulasi motorik halus adalah kegiatan *finger painting*. **Tujuan Penelitian:** Untuk mengetahui peningkatan motorik halus pada anak usia prasekolah di Raudhatul Athfal Akbar setelah dilakukan terapi bermain *Finger Painting*. **Metode Penelitian:** Penelitian ini adalah deskriptif studi kasus dengan 2 subyek, dilakukan pada 13 -15 April 2022 dilanjutkan 18-19 April 2022 dilakukan selama 6 hari (1 hari observasi awal, 5 hari intervensi). Penelitian ini menggunakan teknik observasi dengan menggunakan uji DDST. Data disajikan dalam bentuk naratif. **Hasil Penelitian :** hasil uji DDST sebelum intervensi subyek I mengalami delayed dan subyek II juga mengalami delayed sebab kurangnya perhatian dan stimulasi dari orangtua. Setelah dilakukan intervensi subyek I mengalami peningkatan pada motorik halus, subyek II juga mengalami peningkatan motorik halus. **Kesimpulan:** Hasil penelitian menunjukkan peningkatan motorik halus pada anak usia prasekolah setelah dilakukan intervensi *finger painting*. **Saran:** Diharapkan terapi *finger painting* ini diterapkan di setiap lembaga pendidikan agar nantinya motorik halus anak didik akan berkembang sesuai dengan usia anak.

Kata Kunci : *Finger Painting*, Motorik Halus, Anak Usia Prasekolah

ABSTRACT

Nur Putri Noviyanti (2022). *Application Of Finger Painting Play Therapy To Improve Fine Motors In Preschool Age Children In Raudhatul Athfal Akbar. Scientific Papers Case Studies*, DIII Nursing Study Program, Nursing Department, Health Polytechnic, Riau Ministry Of Health. Supervisor (I) Magdalena, SST, M.Kes (II) R. Sakhnan, SKM, M.Kes

Background: Preschoolers are children who are undergoing a very rapid development process. fine motor development greatly affects other developments. if the child's fine motor skills are not stimulated, it will result in the child being insecure which causes the child to experience a decrease in achievement. the activity that is expected to stimulate fine motor skills is finger painting activity.

Research Objectives: this study aims to determine the improvement of fine motor skills in preschool children in raudhatul athfal akbar after finger painting play therapy. research methods: this research is a descriptive case study with 2 subjects, conducted on 13 -15 april 2022 followed by 18-19 april 2022 for 6 days (1 day of initial observation, 5 days of intervention). this study used an observation technique using the DDST test, data is presented in narrative form.

Research Results: the results of the DDST test before the intervention of subject I was delayed and subject II was also delayed due to lack of attention and stimulation from parents. after the intervention, subject I experienced an increase in fine motor skills, subject II also experienced an increase in fine motor skills.

Conclusion: the results showed an increase in fine motor skills in preschool age children after finger painting intervention. **Suggestion:** it is hoped that finger painting therapy is applied in every educational institution so that later the fine motor skills of students will develop according to the child's age.

Key words: Finger Painting, Fine Motoric, Preschool Age Children