

LAMPIRAN

Lampiran 1 Surat Izin Penelitian

SURAT IZIN PENELITIAN

Dengan Hormat,

Saya yang bertanda tangan dibawah ini :

Nama : Putri Amirah Ayuni
NIM : P031913411030
No. Telp : 085156933548
Prodi : DIII Gizi
Judul : Gambaran Pola Konsumsi Tempe dan Tahu Remaja Stunting dan Normal di SMPN 1 Kampar Kecamatan Kampar Kabupaten Kampar

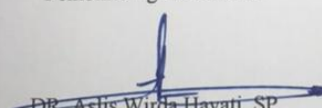
Memohon izin untuk menggunakan data sekunder yang berasal dari penelitian penelitian dasar unggulan perguruan tinggi (PDUPT) Hayati, et.al.,2021 yang berjudul "Penggunaan Pyridinium Crosslinks Urin sebagai Biomarker Sensitif Status Gizi Pada Remaja (Lanjutan)".

Demikian surat ini saya sampaikan atas izinnya saya ucapkan terima kasih.

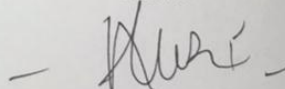
Perkanbaru, 7 Februari 2022

Mengetahui

Pembimbing Penelitian I


DR. Aslis Wirda Hayati, SP
(NIP 197008282001122002)

Peneliti


Putri Amirah Ayuni
(P031913411030)

Lampiran 2 Formulir Food Recall 24 Jam

FORMULIR KARAKTERISTIK SISWA

Nama siswa : EDERIA RAMADHANI.....

Kelas : VII B.....

Alamat : AIR TRIS.....

No. Hp : 0845-1248-8260.....

Tanggal wawancara :

Enumerator :

Tanda tangan enumerator :

Jenis kelamin : Perempuan.....

Suku bangsa (ras) : Melayu / China / India.....

Tempat lahir : AIR TRIS.....

Tanggal lahir : 07-10-2007.....

Tinggi badan saat ini : 151 cm.....

Berat badan saat ini : 42.....

Berat badan lahir : 3.1 kg.....

Panjang badan lahir : 49 cm.....

Jumlah saudara : 1.....

Nama ibu : Yetti Winda.....

Tinggi badan ibu : 165.....

Pekerjaan ibu : ibu rumah tangga.....

Pendidikan ibu : SMA.....

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Dipindai dengan CamScanner

Nama bapak : SYO.FYAN...HENRI.....
 Tinggi badan bapak : ...166.....
 Pekerjaan bapak : WIRASWASTA.....
 Pendidikan bapak : SMP.....
 Perkiraan Penghasilan 1 bulan : Rp. 1.500.000

FORMULIR FOOD RECALL 24 JAM

Nama Remaja :

No	Waktu Makan	Menu	Bahan Makanan		
			Jenis Pangan	Banyaknya	
			URT	g	
	Pagi	Nasi goreng	Nasi	1 prg sdg	
	09.00	Telur Ceplok	Telur	1 btr	
		Tahu goreng	Tahu	1 bh	
		Tempe goreng	Tempe	1 bh	
		Susu btl mas	Susu	1 gls bsr	
	Set. 1	Susu UHT	Susu	1 btl kcl	
	10.00	Risoles	Risoles	2 bh	
	Siang	Nasi	Nasi	1 prg sdg	
	12.00	Ikan asam pedas patin	Ikan	1 Prg	

Lampiran 3 Data Status Gizi Responden

X3		N	MEAN	STD. DEVIATION	STD. ERROR MEAN
UMUR_TAHUN	stunting	69	13.3913	0.71161	0.08567
	normal	79	13.2405	0.64481	0.07255
HEIGHT	stunting	69	145.7565	5.01754	0.60404
	normal	79	156.5671	4.35954	0.49049
WEIGHT	stunting	66	37.6721	7.04918	0.86769
	normal	75	44.9400	8.23424	0.95081
BERAT_BADAN_LAHIR	stunting	37	3.1216	0.48827	0.08027
	normal	53	3.2208	0.49434	0.06790
PANJANG_BADAN_LAHIR	stunting	15	49.2000	0.86189	0.22254
NILAI_ZSKOR_TBU	stunting	69	-1.7862	0.57918	0.06973
	normal	79	-0.2368	0.48458	0.05452

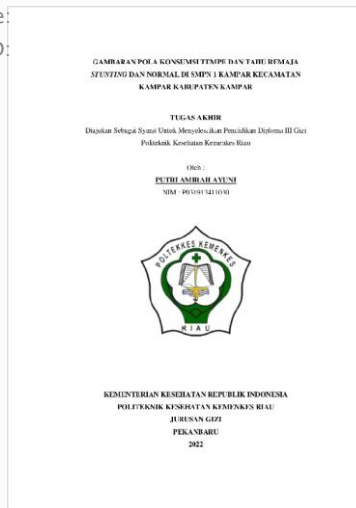
Lampiran 4 Turnitin Laporan Penelitian



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name:File: 59
size: Page: 12,362
count: 67,707
Word: 13-Jul-2022 12:07AM (UTC+0900)
count: 1869665430
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Submission date:
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Lampiran 5 Master Data Pola Konsumsi Remaja Stunting dan Normal

Nama	norut	jk	status gizi	jml tahu	jml tempe	jumlah tahu tempe	f tahu	f tempe	f tahu+tempe	jenis tahu	jenis tempe	usia
Adit Pratama Yoga	1	L	normal	40	125	165	1	2	0	goreng	goreng	12
Chelsea Aurellia	6	P	normal	120	225	345	3	3	3	goreng	goreng	13
Chika Indah Sesyilia	7	P	normal	0	0	0	0	0	0			13
Desti Aulia	8	P	normal	0	75	75	0	1	0		goreng	13
M. Ihsan Hidayat	12	L	normal	0	0	0	0	0	0			13
M. Zahran Fairuz Almer	14	L	normal	0	0	0	0	0	0			13
Nailah Salsabila	16	P	normal	20	20	20	1	1	1	goreng	goreng	13
Jihan Kusnia	36	P	normal	0	0	0	0	0	0			14
M. Farel	39	L	normal	0	0	0	0	0	0			14
Daniel Al ghifari	83	L	normal	0	0	0	0	0	0			13
Zahra sitta Ramadhani	22	P	normal	80	0	80	2	0	0	goreng		13
Mudrika Zahra	25	P	normal	40	0	40	1	0	0	goreng		13
Muhammad Nadhif	84	L	normal	0	0	0	0	0	0			13
Amatul Royani	28	P	normal	0	0	0	0	0	0			13
Dea Annisa Fitri	29	P	normal	0	0	0	0	0	0			13
Eriza Nabila	30	P	normal	0	0	0	0	0	0			13
Edilia Ramadhini	31	P	normal	0	0	0	0	0	0			13
Keyla Rahmadani	87	P	normal	0	0	0	0	0	0			13
Lana Mawaddah A A	88	P	normal	0	0	0	0	0	0			13
Mahesa Zaky Andriano	41	L	normal	0	0	0	0	0	0			13
Franda Zuhri Ramadhan	43	L	normal	0	0	0	0	0	0			12

Muhammad Zalfa	90	L	normal	0	0	0	0	0	0			13
Nabila Febrianti	46	P	normal	0	0	0	0	0	0			14
Raditio dwi putra	47	L	normal	100	0	100	2	0	0	goreng		12
Riski Ramadhan	49	L	normal	0	75	75	0	1	0		goreng	13
Sofia Nurul Dzihni	50	P	normal	0	0	0	0	0	0			14
Yogi saputra marsel	51	L	normal	0	75	75	0	1	0		goreng	13
Alma Dira	56	P	normal	60	0	60	1	0	0	goreng		12
Ardila Putri Ramadhani	57	P	normal	0	0	0	0	0	0			13
Juita Lestari	62	P	normal	20	75	95	1	1	0	goreng	goreng	13
Kiki Farel	63	L	normal	40	0	40	1	0	0	goreng		13
M Habiburrahman Aisy Razi	65	L	normal	0	225	225	0	2	0		goreng	13
Nazwa Nadhifa Rahma	67	P	normal	0	0	0	0	0	0			13
Nurhanifa Sahira	69	P	normal	0	0	0	0	0	0			13
Rizky Ramadhan	72	L	normal	40	25	65	1	1	1	goreng	goreng	13
Romaiza Auya	73	P	normal	0	0	0	0	0	0			13
Surya Dwi Firmansayah	74	L	normal	40	25	65	1	1	1	tumis	tumis	14
Rafni Zarnita	75	P	normal	0	0	0	0	0	0			13
Andriani Oktavia	80	P	normal	140	0	140	3	0	0	goreng		12
Cindy Oktaviani Siregar	82	P	normal	0	0	0	0	0	0			13
Ratu Alya Putri	92	P	normal	60	0	60	2	0	0	goreng		13
Arjuna Satria Wibawa	102	L	normal	40	0	40	1	0	0	goreng		13
M. Ikhsan Al fauzan	106	L	normal	0	0	0	0	0	0			13
Nadya Safina	109	P	normal	0	0	0	0	0	0			13

Mia Maylinda	111	P	normal	100	0	100	1	0	0	goreng		13
Nur Kayla Aini	114	P	normal	0	0	0	0	0	0			13
Nur Vaneysa	115	P	normal	80	0	0	2	0	0	goreng		13
Refandi Afrizal	116	L	normal	40	75	115	1	1	0	goreng	goreng	13
Alya Khumairoh	118	P	normal	0	0	0	0	0	0			13
Mira Gustina	173	P	normal	0	0	0	0	0	0			13
M Faqih Saubilhaqqi	125	L	normal	0	0	0	0	0	0			14
Mas Delima Syafitri	127	P	normal	40	0	40	1	0	0	goreng		15
Rahmad Zaidan	129	L	normal	0	0	0	0	0	0			13
Muhammad Muhsin	141	L	normal	0	0	0	0	0	0			13
Nurul Salsabila	143	P	normal	0	0	0	0	0	0			13
Rani Aprianis	146	P	normal	60	0	60	1	0	0	goreng		13
Revin Helfari	148	L	normal	60	0	60	1	0	0	goreng		13
Faizil Abdillah	151	L	normal	40	0	40	1	0	0	sop		13
M Nabil Farizal	152	L	normal	0	50	50	0	1	0		goreng	13
Hanifah Sawahuda	159	P	normal	0	0	0	0	0	0			14
M Adil Pratama	160	L	normal	0	0	0	0	0	0			14
Nasyiwa Kapila	165	P	normal	0	0	0	0	0	0			14
Rahma Febriani	166	P	normal	40	0	40	1	0	0	goreng		14
Anggita Lestari	167	P	normal	40	75	115	1	1	0	goreng	goreng	15
Fathur Rahman	169	L	normal	0	0	0	0	0	0			14
Khairul Azman	171	L	normal	0	0	0	0	0	0			15
Mhd Desrfri Liswandi	172	L	normal	20	0	20	1	0	0	gorengan		14
M Zaki Ramadhan	177	L	normal	0	0	0	0	0	0			14
Doriko Abadi	180	L	normal	0	0	0	0	0	0			15

Nama	norut	jk	status gizi	jml tahu	jml tempe	jml tahu	jml tempe	jml tahu tempe	f tahu	f tempe	frekuensi tahu+tempe	jenis tahu	jenis tempe	umur
Adellia Azzahra	2	P	stunting	0	0	0	0	0	0	0	0			14
Ahmad Daffa	3	L	stunting	0	0	0	0	0	0	0	0			13
Galang Ramadhan	9	L	stunting	0	0	0	0	0	0	0	0			13
Hariyati Putri	10	P	stunting	100	125	100	125	225	2	2	2	goreng	goreng	14
Nabila Saskia	15	P	stunting	100	0	100	0	100	2	0	0	goreng		13
Zaskia Ramadhani	24	P	stunting	0	0	0	0	0	0	0	0			13
Fitri Ayuni	32	P	stunting	0	100	0	100	100	0	1	0		goreng	13
M. Alfahridho Jazwir	38	L	stunting	60	50	60	50	110	1	1	0	goreng	goreng	13
M. Zagy Ayali	40	L	stunting	40	0	40	0	40	1	0	0	goreng		14
Muhammad Munawir	45	L	stunting	0	0	0	0	0	0	0	0			14
Reno Febrian	48	L	stunting	60	0	60	0	60	1	0	0	goreng		13
Zilka Intan syafilla	52	P	stunting	60	50	60	50	110	2	1	1	goreng	goreng	12
Adnan Febrian	53	L	stunting	0	0	0	0	0	0	0	0			13
Dika Dwi Ariadi	58	L	stunting	0	0	0	0	0	0	0	0			13
Dini Rahmawati	59	P	stunting	0	0	0	0	0	0	0	0			14
Diva Julianda	60	P	stunting	0	0	0	0	0	0	0	0			14
Erwin Saputra	61	L	stunting	80	0	80	0	80	1	0	0	goreng		13
Navara Dzikra	66	P	stunting	0	0	0	0	0	0	0	0			14
Pajri Indra Satria	70	L	stunting	0	0	0	0	0	0	0	0			14
Rafli Naldi	71	L	stunting	0	0	0	0	0	0	0	0			13

Abdi Zul Azzi	76	L	stunting	0	0	0	0	0	0	0	0			13
Aditia Anggara	77	L	stunting	60	150	60	150	210	1	2	1	goreng	goreng	12
Aldi Febrian	78	L	stunting	40	25	40	25	65	1	1	0	goreng	goreng	14
Aldrian Alfarindo	79	L	stunting	0	50	0	50	50	0	1	0		goreng	13
Candra Radika	81	L	stunting	40	0	40	0	40	1	0	0	goreng		12
Hendri Yusrizal	85	L	stunting	40	75	40	75	115	1	1	0	gulai	gulai	13
Jurnalis Mirsel	86	L	stunting	0	0	0	0	0	0	0	0			12
M. Dafa Daifullah	89	L	stunting	0	25	0	25	25	0	1	0		goreng	14
Ripa Laksamana	93	L	stunting	0	0	0	0	0	0	0	0			13
Faris Hidayat	95	L	stunting	60	0	60	0	60	2	0	0	goreng		13
Sarmila Asriyanti	96	P	stunting	20	25	20	25	45	1	1	1	goreng	goreng	13
Sera Nur utama Putri	97	P	stunting	60	75	60	75	135	1	1	1	goreng	goreng	13
Zila Putri Delmita	99	P	stunting	60	125	60	125	185	1	1	0	goreng	goreng	13
Al-Fajri Nurul Akbar	101	L	stunting	0	125	0	125	125	0	2	0		goreng	13
Farel Azzikri	103	L	stunting	60	75	60	75	135	1	1	0	goreng	goreng	13
Haikal	104	L	stunting	100	75	100	75	175	1	1	0	goreng	goreng	15
Juan Fernando	105	L	stunting	0	0	0	0	0	0	0	0			14
Metha Fitriana Difa	108	P	stunting	0	175	0	175	175	0	3	0		goreng	13
Naysia Meysi Azzirah	110	P	stunting	40	0	40	0	40	1	0	0	goreng		13
Nia Wahyuni	112	P	stunting	0	0	0	0	0	0	0	0			13
Noverdi Herdiman	113	L	stunting	80	100	80	100	180	1	3	0	goreng	goreng	13
Erza Teddy Kurniawan	117	L	stunting	100	275	100	275	375	1	2	0	goreng	goreng	13
Dini Roza Azzahra	121	P	stunting	40	50	40	50	90	1	1	1	goreng	goreng	14
Fiona Sabila	122	P	stunting	0	0	0	0	0	0	0	0			13
Kaisya Saufa Insani	124	P	stunting	0	0	0	0	0	0	0	0			13

M. Royyan Al-fath	126	L	stunting	100	0	100	0	100	1	0	0	goreng		13
Zafia Suptari	133	P	stunting	0	0	0	0	0	0	0	0			13
Meilani Yusrila	134	P	stunting	0	0	0	0	0	0	0	0			13
Bayu Saputra	135	L	stunting	80	0	80	0	80	1	0	0	goreng		13
Evan	136	L	stunting	0	0	0	0	0	0	0	0			12
M. Nailul Khairul Annabi	140	L	stunting	0	0	0	0	0	0	0	0			14
Nessa Nofrilla	142	P	stunting	40	0	40	0	40	1	0	0	goreng		13
Rahma Sabila	144	P	stunting	0	0	0	0	0	0	0	0			14
Raisa Dwi Putri	145	P	stunting	0	0	0	0	0	0	0	0			13
Resti Purnama Darsi	147	P	stunting	60	0	60	0	60	1	0	0	goreng		13
Ahmad Fikri	153	L	stunting	180	50	180	50	230	2	1	0	goreng	goreng	14
Atika Mawaddah	154	P	stunting	0	125	0	125	125	0	1	0		goreng	14
Deisi Safitri	155	P	stunting	80	50	80	50	130	3	1	1	goreng	goreng	15
Desmizon Saputra	156	L	stunting	0	50	0	50	50	0	1	0		goreng	14
Fauza Nurmaini	157	P	stunting	0	0	0	0	0	0	0	0			15
M. Febri Abdillah	161	L	stunting	80	75	80	75	155	2	1	0	goreng	goreng	14
M. Irvansyah	162	L	stunting	100	100	100	100	200	2	0	0	goreng		14
M. Zaki	163	L	stunting	0	0	0	0	0	0	0	0			14
M. Zikri Albarokah	164	L	stunting	100	0	100	0	100	1	0	0	goreng		14
Ekliah Rosyadah	168	P	stunting	0	0	0	0	0	0	0	0			13
Fatima Azzahra	170	P	stunting	0	0	0	0	0	0	0	0			14
Muhammad Ilham	175	L	stunting	0	50	0	50	50	0	1	0		gulai	14
Muhammad Rizki	176	L	stunting	80	100	80	100	180	2	1	0	goreng	goreng	15
Sultan Pratama Putra	178	L	stunting	0	0	0	0	0	0	0	0			14