

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2022

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PRAKTEK
MANDIRI BIDAN HASNA DEWI KOTA PEKANBARU TAHUN 2022**

113 Halaman, 8 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya untuk membantu menurunkan AKI dan AKB yaitu melakukan pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif. Asuhan yang diberikan sesuai dengan standar kebidanan dan di dokumentasikan dengan metode SOAP pada ibu hamil, bersalin, nifas dan neonatus. Studi kasus ini dilakukan di PMB Hasna Dewi kota Pekanbaru kemudian dilanjutkan dengan kunjungan rumah pasien. Asuhan kebidanan pada Ny. W dilakukan mulai dari bulan Desember 2021 sampai Maret 2022 sebanyak 10 kali yaitu masa kehamilan 4 kali, nifas 4 kali dan neonatus 2 kali. Keluhan ibu pada masa kehamilan yaitu kebas, nyeri perut bagian bawah, sering BAK dan Braxton Hicks dan penulis telah melakukan penatalaksanaan sesuai teori sehingga dapat mengurangi keluhan ibu. Proses persalinan berlangsung secara Sectio Caesarea di RS Prima Kota Pekanbaru dengan indikasi Ketuban Pecah Dini Dan fetal distress, jenis kelamin laki-laki, berat badan 3530 gram dan panjang badan 50 cm. Pada masa nifas masalah yang ditemukan yaitu ASI belum lancar, maka diberikan asuhan pijat oksitosin dan pada minggu ke-2 ASI sudah lancar. Masa neonatus berlangsung normal dan tidak ditemukan masalah ataupun penyulit, asuhan yang diberikan yaitu pijat bayi sehingga terjadi peningkatan berat badan bayi 570 gram. Disarankan kepada pelayan kesehatan khususnya bidan dapat mendukung pemberian ASI eksklusif pada bayi walaupun post SC, dan dapat meningkatkan asuhan komplementer antara lain pijat oksitosin dan perawatan payudara.

Kata Kunci : *Asuhan Kebidanan Kehamilan, Persalinan, Nifas, dan Neonatus*
Daftar Bacaan : 48 Referensi (2010-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU MINISTRY OF HEALTH
STUDY PROGRAM D III MIDWIFERY**

FINAL TASK REPORT, JUNE 2022

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. W IN
INDEPENDENT MIDWIFE PRACTICE HASNA DEWI PEKANBARU
CITY IN 2022**

113 Pages, 8 Tables, 9 Appendices

ABSTRACT

One of the efforts to help reduce the Maternal Mortality Rate and Infant Mortality Rate is to prevent and treat complications in pregnancy, childbirth, postpartum and neonate is to provide comprehensive midwifery care. The care provided is in accordance with midwifery standards and documented by the soap method for pregnant women, maternity, postpartum and neonates. This case study was conducted at Independent Midwife Practice Hasna Dewi, Pekanbaru city, followed by a visit to the patient's home. Midwifery care for Mrs. W is carried out starting from December 2021 to March 2022 for 10 times, namely during pregnancy 4 times, postpartum 4 times and neonates 2 times. Complaints of mothers during pregnancy are numbness, lower abdominal cramps, frequent urination and Braxton Hicks and the author has carried out management according to theory so that it can reduce maternal complaints. The delivery process took place by Sectio Caesarea at Prima Hospital Pekanbaru City with indications of premature rupture of membranes and fetal distress, a male gender, weight 3530 grams and body length 50 cms. During the puerperium, the problem found was that breast milk was not smooth, then oxytocin massage was given and in the 2nd week breastfeeding was smooth. The neonate period was normal and there were no problems or complications. The care provided was baby massage so that the baby's weight increased by 570 grams. It is suggested to health service providers, especially midwives, to support exclusive breastfeeding for babies even after post SC, and to improve complementary care, including oxytocin massage and breast care.

Keywords : *Midwifery Care Pregnancy, Childbirth, Nifas and Neonates*
Reading List : 48 References (2010-2021)