

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2022

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PRAKTIK
MANDIRI BIDAN (PMB) SITI JULAEHA PEKANBARU**

Xi+150 halaman, 12 tabel, 12 lampiran

ABSTRAK

Bidan berperan dalam pembangunan keluarga untuk mewujudkan keluarga yang berkualitas, dengan bekerja dalam kemitraan dengan perempuan sebagai pasiennya dalam memberikan asuhan kebidanan yang komprehensif dan berkesinambungan selama kehamilan, persalinan, dan nifas dalam kerangka *Continuity of Midwifery Care (CoMC)*. Asuhan kebidanan ini dilakukan untuk memantau kesehatan ibu dan janin/bayi, serta deteksi dini kemungkinan komplikasi pada masa hamil, bersalin, nifas dan neonatus. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan ini dilakukan dari bulan Januari 2022 hingga Februari 2022 sebanyak 10 kali kunjungan, yaitu 3 kali kunjungan selama hamil, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan Trimester III, ditemukan keluhan nyeri tulang kemaluan dan diberikan pendidikan kesehatan dan diajarkan senam hamil serta masalah anemia sedang, yang berhasil diatasi setelah diberikan menu seimbang dan penambahan tablet Fe. Pada proses persalinan Ny.W mengalami ketuban pecah dini, persalinan berlangsung spontan setelah dilakukan induksi persalinan dengan oxytosin drip. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 2.700 gram, jenis kelamin laki-laki. Pada masa nifas dengan masalah nyeri dan asi belum lancar, ibu diajarkan teknik menyusui, pijat oksitosin mobilisasi dini, perawatan payudara dan senam nifas. Pada masa neonatus diberikan edukasi ASI eksklusif dan dilakukan pijat bayi untuk meningkatkan berat badan bayi, dengan kenaikan 500 gram dalam sebulan. Diharapkan bidan untuk dapat mempertahankan dan meningkatkan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas dan Neonatus

Referensi : 56 Referensi (2008-2020)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH RIAU
STUDY PROGRAM DIII OF MIDWIFERY**

FINAL PROJECT REPORT, JUNE 2022

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**COMPREHENSIVE MIDWIFERY CARE IN MRS. S AT INDEPENDENT
MIDWIFERY PRACTICE SITI JULEHA PEKANBARU**

Xi+150 pages, 12 tables, 12 appendices

ABSTRACT

Midwives play a role in Family Development to realize quality families, by working in partnership with women as their patients in providing comprehensive and sustainable midwifery care during pregnancy, childbirth, and postpartum within the framework of Continuity of Midwifery Care (CoMC). This midwifery care is carried out to monitor the health of the mother and fetus/baby, as well as early detection of possible complications in pregnancy, childbirth, puerperium and neonates. Implementation is carried out according to midwifery care standards with midwifery management approach and documented by SOAP method. This care was carried out from January 2022 to February 2022 for 10 visits, namely 3 visits during pregnancy, 4 visits during postpartum and 3 visits during neonatal. During the third Trimester of pregnancy, complaints of pubic bone pain were found and health education was given and pregnancy exercises were taught and moderate anemia problems were successfully overcome after being given a balanced menu and the addition of Fe tablets. In the process of Mrs. S experienced premature rupture of membranes, spontaneous labor after induction of labor with oxytocin drip. Labor assistance is carried out according to the standard of care for Normal Childbirth Care (CCN). The baby was born spontaneously, strong crying, good muscle tone, active movements, weight 2700 grams, male gender. In the puerperium with pain problems and breast milk is not yet smooth, mothers are taught breastfeeding techniques, early mobilizing oxytocin massage, breast care and puerperal Gymnastics. In the neonatal period, exclusive breastfeeding education is given and baby massage is done to increase the baby's weight, with an increase of 500 grams in a month. Midwives are expected to be able to maintain and improve the provision of midwifery services comprehensively and continuously starting from pregnancy, childbirth, postpartum and neonatal.

Keywords : Comprehensive Midwifery Care, pregnancy, childbirth, puerperium and neonates.

References : 56 References (2008-2020)