

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, Juni 2022
YOLANDA JULIARSYAH PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.M DI PMB DINCE
SAFRINA PEKANBARU TAHUN 2022
xii + 127 HALAMAN, 9 TABEL, 9 LAMPIRAN**

ABSTRAK

Angka kematian ibu (AKI) merupakan salah satu indikator yang dapat dilihat dari Kesehatan suatu bangsa. Beberapa penyebabnya disebabkan karena adanya komplikasi dari masa kehamilan, persalinan, nifas dan neonatus. Upaya yang dapat dilakukan tenaga kesehatan khususnya bidan yaitu dengan melakukan asuhan secara komprehensif atau *Continuity of Midwifery Care (CoMC)*. Laporan kasus ini bertujuan untuk memberikan asuhan CoMC dari masa kehamilan Trimester III, persalinan, nifas dan Neonatus. Asuhan ini diberikan pada Ny.M G₃P₂A₀H₂ pada usia kehamilan 35 minggu di PMB Dince Safrina Kota Pekanbaru. Asuhan kehamilan diberikan sebanyak 5 kali, asuhan persalinan 1 kali, asuhan nifas 4 kali dan asuhan neonatus 4 kali. Selama asuhan kebidanan kehamilan terjadi masalah anemia, asuhan yang diberikan yaitu dengan anjuran mengkonsumsi tablet tambah darah, jus buah naga dan buah bit. Masalah yang ditemukan dapat teratasi dan asuhan yang diberikan berhasil, dibuktikan dengan terjadinya peningkatan HB Ny M dari 10,8 gr/dl menjadi 12,8 gr/dl. Dalam asuhan persalinan ditemukan penyulit berupa partus lama. Pada kala I diberikan metode teknik birthball dan relaksasi, untuk mempercepat penurunan kepala. Namun ibu dirujuk dikarenakan mempertimbangan kesehatan dan kesejahteraan janin. Selama masa nifas tidak ditemukan masalah dan diajarkan yoga nifas, pijat oksitosin, dan senam kegel. Sedangkan selama asuhan neonatus tidak ditemukan masalah, asuhan yang diberikan yaitu pijat bayi dan *Tummy time*. Hasil dari asuhan yang diberikan yaitu adanya peningkatan berat badan pada bayi dari 3600 gr menjadi 5200 gr dalam 1 bulan. Disarankan untuk tenaga kesehatan dapat lebih mempertahankan pelayanan khususnya asuhan secara komprehensif.

Kata Kunci : Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus
Daftar Pustaka : 72 referensi (2009-2020)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH RIAU
D III OF MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, June 2022
YOLANDA JULIARSYAH PUTRI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. N AT INDEPENDENT
MIDWIFERY PRACTICE DINCE SAFRINA PEKANBARU CITY
xii + 127 PAGES + 9 TABLES+ 9 APPENDICES**

ABSTRACT

Maternal mortality rate (MMR) is one indicator that can be seen from the health of a nation. Some of the causes are due to complications from pregnancy, childbirth, postpartum and neonate. Efforts that can be made by health workers, especially midwives, are by providing comprehensive care or Continuity of Midwifery Care (CoMC). This case report aims to provide CoMC care from the third trimester of pregnancy, labor, puerperium and neonates. This care was given to Mrs. M G3P2A0H2 at 35 weeks of gestation at independent midwifery practice Dince Safrina Pekanbaru City. Pregnancy care was given 5 times, delivery care 1 time, postpartum care 4 times and neonatal care 4 times. During midwifery care during pregnancy there was an anemia problem, the care provided was by recommending consuming blood-added tablets, dragon fruit juice and beetroot. The problems found were resolved and the care provided was successful, as evidenced by the increase in Mrs. M's HB from 10.8 g/dl to 12.8 g/dl. In labor care, complications were found in the form of prolonged labor. In the first stage, birthball and relaxation techniques were given, to speed up the descent of the head. However, the mother was referred due to the consideration of the health and welfare of the fetus. During the postpartum period, no problems were found and they were taught postpartum yoga, oxytocin massage, and Kegel exercises. Meanwhile, during neonatal care there were no problems, the care provided was baby massage and Tummy time. The result of the care provided is an increase in body weight in infants from 3600 g to 5200 g in 1 month. It is recommended for health workers to emphasize more on services, especially comprehensive care

Keywords: Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonates

Reading list : 72 References (2009-2020)