

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2022

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. O DI KLINIK
PRATAMA AFIYAH KOTA PEKANBARU TAHUN 2022**

xi + 102 Halaman + 6 Tabel + 9 Lampiran

ABSTRAK

Keberhasilan program kesehatan ibu dapat dinilai melalui indikator utama Angka Kematian Ibu (AKI). Angka Kematian Ibu sudah mengalami penurunan, namun masih jauh dari target *Sustainable Development Goals* (SDGs) tahun 2020. Salah satu upaya percepatan penurunan AKI dilakukan oleh bidan dengan metode *Continuity of Midwifery Care* (COMC). Laporan tugas akhir ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny. O di Klinik Pratama Afiyah. Asuhan kebidanan ini dilakukan sejak bulan Januari 2022 sampai Maret 2022. Pada kontak pertama dengan Ny. O G₂P₀A₁H₀ usia kehamilan 33-34 minggu dengan Kehamilan Resiko Tinggi (KRT) dan Kekurangan Energi Kronik (KEK). Kunjungan kehamilan dilakukan sebanyak 4 kali, asuhan yang diberikan pada ibu dengan KEK adalah konsumsi nugget ikan patin dan terjadi kenaikan BB selama 6 minggu sebanyak 4,2 kg. Selama kehamilan ditemukan keluhan nyeri pinggang dan kram kaki, dilakukan asuhan dengan kompres air hangat dan air jahe dan ketidaknyaman ibu dapat diatasi. Persalinan dilakukan secara sectio caesarea atas indikasi malposisi dengan UUK Kiri Melintang di rumah sakit. Bayi lahir pukul 05.17 WIB tanggal 20 Februari 2022 jenis kelamin perempuan, dengan BB 2.800 gram dan PB 49 cm. Masa nifas Ny.O P₁A₁H₁ post SC didapatkan skor EPDS 3 dan masalah lecet pada puting susu, asuhan yang diberikan mengajarkan teknik menyusui, perawatan payudara dan anjuran konsumsi makanan tinggi protein untuk mempercepat penyembuhan luka operasi. Masalah dapat diatasi dengan asuhan kebidanan yang diberikan dan ibu akseptor KB Suntik 3 bulan. Asuhan neonatus diberikan asuhan pijat bayi yang menambah perkembangan berat badan bayi, melakukan pijat bayi pada hari ke tujuh dan terjadi kenaikan BB sebanyak 700 gram. Diharapkan bidan mampu mengaplikasikan asuhan yang telah diberikan penulis sesuai kebutuhan klien berdasarkan *evidence based*.

**Kata Kunci : Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas,
Neonatus, Kekurangan Energi Kronik**

Referensi : 50 referensi (2010 - 2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

FINAL PROJECT REPORT, JUNI 2022

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**COMPREHENSIVE MIDWIFE CARE IN MRS. O AT PRATAMA
AFIYAH CLINIC, PEKANBARU CITY, 2022
xi + 102 Pages + 6 Tables + 9 Appendices**

ABSTRACT

The success of the maternal health program can be assessed through the main indicators of maternal mortality (MMR). The maternal mortality rate has decreased, but it is still far from the target of the Sustainable Development Goals (SDGs) in 2020. One of the efforts to accelerate the reduction of MMR is carried out by midwives using the Continuity of Midwifery Care (COMC) method. This final project report aims to provide care from the third trimester of pregnancy, childbirth, puerperium, and neonates by documenting SOAP on Mrs. O at the Afiyah Primary Clinic. This midwifery care is carried out from January 2022 to March 2022. In the first contact with Mrs. O G2P0A1H0 gestational age 33-34 weeks with High Risk Pregnancy (KRT) and Chronic Energy Deficiency (SEZ). Pregnancy visits were carried out 4 times, the care given to mothers with SEZ was the consumption of catfish nuggets and there was an increase in BB for 6 weeks as much as 4.2 kg. During pregnancy complaints of low back pain and leg cramps were found, upbringing with compresses of warm water and ginger water and maternal discomfort can be overcome. The delivery was performed sectio caesarea on indications of malposition with UUK Kiri Melintang in the hospital. The baby was born at 05.17 WIB on February 20, 2022, female gender, with BB 2,800 grams and PB 49 cm. Ny.O P1A1H1 post SC puerperium period obtained an EPDS score of 3 and abrasion problems on the nipples, the upbringing provided taught breastfeeding techniques, breast care and the recommendation to consume high-protein foods to accelerate surgical wound healing. The problem can be solved by the given obstetric care and the acceptor mother of injectable birth control 3 months. Neonatal care is given baby massage care which increases the baby's weight development, performs baby massage on the seventh day and there is an increase in BB of 700 grams. It is expected that midwives will be able to apply the care that has been given by the author according to client needs based on evidence based.

**Keywords : Comprehensive Midwifery Care, Pregnant, Maternity,
Puerperium, Neonate, Chronic Energy Deficiencies**

Reference : 50 references (2010-2021)

