

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

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MANISA AMALIA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.I DI PRAKTIK
MANDIRI BIDAN ROSITA KOTA PEKANBARU TAHUN 2022
91 Halaman, 2 Tabel, 8 Lampiran**

ABSTRAK

Bidan dapat berperan dalam menurunkan angka kesakitan dan kematian pada ibu dan neonatus dengan cara memberikan pelayanan berkualitas yaitu dengan menerapkan model asuhan *Continuity of Midwifery Care* (CoMC) yang menerapkan metode asuhan secara menyeluruh dan berkesinambungan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan menyeluruh dan berkesinambungan pada Ny. I G₂P₁A₀H₁ dengan UK 33-35 minggu di PMB Rosita pada bulan Januari sampai Maret 2022. Asuhan kebidanan diberikan di PMB maupun dirumah pasien, kunjungan kehamilan dilakukan 3 kali. Ketidaknyamanan yang ibu alami pada kehamilan trimester III ini berupa nyeri pinggang dan *Braxton Hicks* yang dapat diatasi dengan memberi pendidikan kesehatan dan tentang cara mengalami keluhan dan ketidaknyamanan ibu dapat diatasi. Proses persalinan dilakukan sesuai dengan Asuhan Persalinan Normal (APN). Asuhan nifas dilakukan 4 kali, ditemukan keluhan berupa nyeri luka perineum yang dapat diatasi dengan pendidikan kesehatan mengenai fisiologis masa nifas. Kunjungan neonatus dilakukan 3 kali. Selama kunjungan neonatus tidak ditemukan masalah pada bayi. Bayi hanya diberikan ASI saja. Asuhan yang dilakukan terhadap bayi yaitu perawatan bayi sehari-hari. Diharapkan bidan dapat mengaplikasikan metode deteksi depresi pasca persalinan pada ibu nifas.

**Kata Kunci : Asuhan Komprehensif Hamil, Bersalin, Nifas, Neonatus
Referensi : 29 referensi (2011-2021)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF THE RIAU
DIII MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, JUNE 2022

MANISA AMALIA

**COMPREHENSIVE MIDWIFERY CARE IN MRS. I AT ROSITA
INDEPENDENT MIDWIFERY PRACTICE PEKANBARU CITY IN 2022
91 Pages, 2 Tables, 8 Appendices**

ABSTRACT

Midwives can play a role in reducing the rate of pain and mortality in mothers and neonates by providing quality services, namely by applying the *Continuity of Midwifery Care (CoMC)* parenting model which applies the parenting method thoroughly and continuously. This final project report aims to provide comprehensive and continuous midwifery care to Mrs. I G₂P₁A₀H₁ with 33-35 weeks of gestational age at Rosita Independent Midwifery Practice in January to March 2022. Obstetric care is given at PMB or at the patient's home, pregnancy visits are carried out 3 times. The discomfort that mothers experience in the third trimester of pregnancy is in the form of low back pain and *Braxton Hicks* which can be overcome by providing health education and about how to experience maternal complaints and discomfort can be overcome. The delivery process is carried out in accordance with the Normal Childbirth Care (NCC). Postpartum care was carried out 4 times, complaints were found in the form of perineal wound pain that could be overcome by health education regarding the physiology of the puerperium. Neonatal visits are carried out 3 times. During the visit of neonates no problems were found in the baby. Babies are given only breast milk. The care that is carried out on the baby is the daily care of the baby. It is hoped that midwives can apply the method of detecting postpartum depression in postpartum mothers.

Keywords : Comprehensive Care for Pregnancy, Maternity, Puerperium, Neonate

References : 29 references (2011-2021)