

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022
ANNISAH ANGRAINI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI
PRAKTIK MANDIRI BIDAN LILIS SUGIANTI KOTA
PEKANBARUTAHUN 2022**

xii ± 98 Halaman, 5 Tabel, 12 Lampiran, 23 Daftar Singkatan

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)*. Laporan kasus ini bertujuan untuk memberikan asuhan CoMC dari masa kehamilan trimester III, persalinan, nifas, dan neonatus di Praktik Mandiri Bidan Lilis Sugianti kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan November 2021 - Februari 2022 dengan total kunjungan sebanyak 11 kali kunjungan; masa hamil 6 kali (UK 33-40 minggu), asuhan kala 1 kali, masa nifas 3 kali (hari ke 7, 20, 41), dan masa neonatus 2 kali (hari ke 7, 20) di klinik dan rumah pasien. Pada Ny. N proses kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan trimester III seperti janin kurang bergerak dan nyeri punggung. Hal tersebut dapat diatasi dengan memberikan asuhan cara memantau gerak janin serta pemberian kartu pantau gerak janin dan pijat punggung. Pada masa persalinan usia kehamilan (40-41 minggu) ditemukan komplikasi preeklampsia ringan dan janin *fetal distress* sehingga dilakukan rujukan dan selanjutnya diberikan Tindakan *section caesarea*. Pada kunjungan nifas, involusi berjalan dengan normal diberikan asuhan perawatan payudara dan senam nifas. Pada masa neonatus, berat badan bayi mengalami kenaikan yaitu 400 gram dari berat badan lahir serta memberikan asuhan pijat bayi. Disarankan bagi bidan untuk menerapkan asuhan CoMC di PMB agar dapat meningkatkan kualitas asuhan kebidanan dan dapat mengikuti perkembangan ilmu pengetahuan.

Kata Kunci : Asuhan Kebidanan Komprehensif Kehamilan, Persalinan, Nifas dan Neonatus

Kepustakaan : 38 referensi (2009-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2022
ANNISAH ANGRAINI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS.N IN
INDEPENDENT MIDWIFE PRACTICE LILIS SUGIANTI
PEKANBARU CITY, 2022**

xii ± 98 Pages, 5 Tables, 12 Appendices, 23 List of Abbreviations

ABSTRACT

One of the efforts to prevent and manage complications in pregnancy, childbirth, postpartum and neonate is with comprehensive obstetric care or Continuity of Midwifery Care (CoMC). This case report aims to provide CoMC care from the third trimester of pregnancy, delivery, postpartum, and neonates at Independent Midwife Practice Lilis Sugianti Pekanbaru city. Implementation is carried out according to midwifery care standards with a midwifery management approach and documented by the SOAP method. This midwifery care is carried out from November 2021 - February 2022 with a total of 11 visits; 6 times of pregnancy (UK 33-40 weeks), 1st stage of care, 3 times of postpartum period (7th, 20th, 41st), and 2nd neonatal period (7th, 20th day) at the clinic and the patient's home. In Mrs. N the pregnancy process is physiological, although there are complaints of third trimester discomfort such as the fetus being less mobile and back pain. This can be overcome by providing care on how to monitor fetal movement as well as providing fetal movement monitoring cards and back massage. During delivery, gestational age (40-41 weeks) was found to have mild complications of preeclampsia and fetal distress, so a referral was made and then a caesarean section was given. At the postpartum visit, the involution proceeded normally and was given breast care and postpartum gymnastics. During the neonate period, the baby's weight increased by 400 grams from birth weight and provided baby massage care. It is recommended for midwives to apply CoMC care in Independent Midwife Practice in order to improve the quality of midwifery care and be able to follow the development of science.

Keywords : *Comprehensif Midwifery Care, Pregnancy, Pregnancy, Childbirth, and Neonatus*

References : 38 References (2009-2022)