

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022  
INDRI LESTARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI PMB EFRINA  
KOTA PEKANBARU TAHUN 2022**

**± 132 HALAMAN, 9 TABEL, 9 LAMPIRAN**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan atau *Continuity Of Care*. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang komprehensif dan berkesinambungan pada Ny. N dari masa kehamilan, persalinan, nifas dan neonatus. Asuhan yang diberikan sesuai dengan standar kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan pada Ny.N G2P1A0H1 dilakukan dari bulan Desember 2021 sampai Maret 2022 di PMB Efrina dan rumah Ny.N Kota Pekanbaru. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan dengan ketidaknyamanan fisiologis yaitu nyeri punggung, nyeri perut bagian bawah, dan kontraksi palsu, Hal tersebut dapat diatasi dengan memberikan asuhan senam hamil dan pendidikan kesehatan yang berkelanjutan. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan, jenis kelamin perempuan, BB : 2800 gram PB: 49 cm, perdarahan ±100 cc, kontraksi baik, plasenta lahir lengkap, tidak terdapat laserasi jalan lahir. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan dengan masalah pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, pijat oksitosin dan perencanaan keluarga sehingga masalah dapat diatasi dan ibu memutuskan menggunakan KB suntik 3 bulan. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan, asuhan yang diberikan yaitu pijat bayi untuk merangsang pertumbuhan dan perkembangan serta meningkatkan berat badan bayi. Pada akhir kunjungan yaitu usia 20 hari bayi masih tetap diberikan ASI dan kenaikan berat badan sebanyak 700 gram dari berat badan lahir 2800 menjadi 3500 gram, bayi sehat dan tidak ada komplikasi. Diharapkan bidan dapat meningkatkan kualitas asuhan kebidanan secara komprehensif dan berkesinambungan (CoMC) sesuai standar pelayanan kebidanan serta dapat memberikan asuhan pijat oksitosin bagi ibu nifas yang pengeluaran ASI nya belum lancar yang bertujuan untuk memperlancar ASI dan memberikan rasa nyaman pada ibu.

**Kata Kunci : Asuhan kebidanan Komprehensif, hamil, bersalin, nifas, neonatus  
Referensi : 52 referensi (2010-2021)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC MINISTRY OF HEALTH RIAU  
D III MIDWIFE STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2022  
INDRI LESTARI**

**COMPREHENSIVE MIDWIFE CARE IN NY.N IN PMB EFRINA, KOTA  
PEKANBARU CITY, 2020**

**± 132 PAGES, 9 TABLES, 9 APPENDICES**

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**ABSTRACT**

Midwives play an important role in providing comprehensive and continuous maternal and child services or Continuity of Care. This final report aims to provide comprehensive and continuous midwifery care in Mrs. N from the period of pregnancy, childbirth, postpartum and neonate. The care provided is in accordance with midwifery standards and is documented using the SOAP method. Midwifery care for Mrs. N G2P1A0H1 was carried out from December 2021 to March 2022 at Independent Midwifery Practice Efrina and Mrs. N's house Pekanbaru City. During pregnancy, 4 visits were carried out with physiological discomfort, namely back pain, lower abdominal pain, and false contractions. This can be overcome by providing pregnancy exercise care and continuing health education. Delivery care according to Normal Childbirth Care (NCC), the baby was born spontaneously, female gender, weight: 2800 gram, length: 49 cm, bleeding ± 100 cc, good contractions, complete delivery of the placenta, no laceration of the birth canal. Postpartum visits were carried out 4 times with the problem of breastfeeding being not yet smooth. Mother is taught breastfeeding techniques, oxytocin massage and family planning so that problems can be overcome and the mother decides to use 3-month injectable contraception. Neonatal visits were carried out 3 times, the care provided was baby massage to stimulate growth and development as well as increase the baby's weight. At the end of the visit, which was 20 days old, the baby was still breastfed and the weight gain was 700 grams from birth weight of 2800 to 3500 grams, the baby was healthy and there were no complications. It is hoped that midwives can improve the quality of comprehensive and continuous midwifery care (CoMC) according to midwifery service standards and can provide oxytocin massage care for postpartum mothers whose breast milk production has not been smooth which aims to facilitate breastfeeding and provide comfort to the mother.

**Keywords : *Comprehensive, midwifery care, childbirth, postpartum, neonates***

**Reference : 52 references (2010-2021)**