

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022**

**TRI FAJAR RAHMAWATI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “M” DIPRAKTIK  
MANDIRI BIDAN EFRINA KOTA PEKANBARU.**

**v + 136 Halaman + 10 Tabel + 9 Lampiran**

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**ABSTRAK**

*Continuity of Midwifery Care (CoMC)* merupakan salah satu model asuhan kebidanan dapat meningkatkan kualitas asuhan dalam pelayanan kesehatan ibu dan anak sehingga diharapkan dapat berkontribusi dalam percepatan penurunan AKI di Indonesia. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas, neonatus dan keluarga berencana. Asuhan ini dimulai pada tanggal 22 Desember 2021 hingga 07 Maret 2022 pada Ny. M di PMB Efrina, dimulai pada usia kehamilan 35-36 minggu dan diikuti dengan 4 kali kunjungan kehamilan. Pada kehamilan didapatkan hasil KSPR ibu yaitu 10 skor, dari hasil tersebut maka kehamilan ibu merupakan kehamilan risiko tinggi, untuk mengantisipasi agar tidak terjadi komplikasi selama kehamilan, bersalin dan nifas maka ibu dianjurkan untuk melakukan pemeriksaan kehamilan dan persalinan di fasilitas kesehatan. Keluhan masa hamil berupa nyeri punggung yang diatasi dengan pemberian pendidikan kesehatan. Proses persalinan dilakukan sesuai APN dan bayi lahir spontan, jenis kelamin perempuan, berat badan 3500 gr. IMD berhasil pada menit ke 50. Asuhan masa nifas dilakukan 4 kali didapati keluhan berupa rasa mules yang dapat diatasi dengan memberikan pendidikan kesehatan mengenai fisiologi rasa mules. Asuhan neonatus dilakukan berdampingan dengan Asuhan nifas yaitu sebanyak 3 kali kunjungan (KN), bayi menyusu kuat dan hanya diberi ASI saja. Selain itu bayi diberikan asuhan pijat bayi dan dapat membantu meningkatkan berat badan bayi. Bayi mengalami peningkatan berat badan sebanyak 1500 gr dari berat lahirnya pada usia 26 hari. Diharapkan Bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan (*CoMC*) sesuai dengan standar pelayanan kebidanan.

**Kata Kunci : Asuhan Hamil, Bersalin, Nifas, Neonatus, Komprehensif  
Daftar Bacaan : 53 referensi (2010-2021)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF, RIAU  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2022**

**TRI FAJAR RAHMAWATI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. "M" AT  
INDEPENDENT MIDWIFERY PRACTICE EFRINA, PEKANBARU  
CITY**

**v + 136 Pages + 10 Tables + 9 Attachments**

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**ABSTRACT**

Continuity of Midwifery Care (CoMC) is one of the models of midwifery care that can improve the quality of care in maternal and child health services so that it is expected to contribute to the acceleration of the decline in MMR in Indonesia. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, neonates and family planning. This care starts on December 22, 2021 until March 07, 2022 on Mrs. M in PMB Efrina, started at 35-36 weeks of gestation and followed by 4 pregnancy visits. In pregnancy, the results of the mother's KSPR are 10 scores, from these results, the mother's pregnancy is a high-risk pregnancy. Complaints during pregnancy in the form of back pain are overcome by providing health education. The delivery process was carried out according to the Normal Childbirth Care (NCC) and the baby was born spontaneously, female sex, weight 3500 gr. The Early Initiation of Breastfeeding was successful in the 50th minute. The postpartum care was carried out 4 times. It was found that complaints were in the form of heartburn which could be overcome by providing health education regarding the physiology of heartburn. Neonatal care is carried out side by side with postpartum care, which is 3 visits, the baby is breastfeeding strongly and only given breast milk. In addition, babies are given baby massage care and can help increase the baby's weight. Babies have increased body weight as much as 1500 grams of birth weight at the age of 26 days. Midwives are expected to maintain and improve comprehensive and continuous midwifery care (CoMC) in accordance with midwifery service standards.

**Keywords : Pregnancy Care, Maternity, Postpartum, Neonates,  
Comprehensive**

**Reading List : 53 references (2010-2021)**