

KEMENTERIAN KESEHATAN REPUBLIK INDONESIA

POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN RIAU

PROGRAM STUDI D III KEBIDANAN

LAPORAN TUGAS AKHIR, JUNI 2022

MIMIT NOVIASARI

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. C DI PMB ROSITA, S.Tr.Keb
KOTA PEKANBARU TAHUN 2022**

xi + 120 Halaman, 6 Tabel, 9 Lampiran

ABSTRAK

Kehamilan merupakan suatu hal yang fisiologis bagi seorang perempuan, Pada masa kehamilan diperlukan asuhan yang berkualitas dari tenaga kesehatan khususnya bidan yaitu melalui asuhan yang menyeluruh dan berkesinambungan dan disebut juga *continuity of care*. Asuhan *continuity of care* bertujuan untuk memberikan pelayanan secara berkesinambungan selama hamil, bersalin, dan masa pasca melahirkan, baik yang beresiko rendah maupun tinggi. Tujuan dari LTA ini adalah untuk melaksanakan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. C mulai dari kehamilan, persalinan, nifas neonatus, dan didokumentasikan dengan metode SOAP di PMB Rosita kota pekanbaru. Asuhan kebidanan dilakukan dari bulan November 2021 usia kehamilan 34-35 minggu sampai Februari 2022 sebanyak 11 kali kunjungan yaitu kunjungan kehamilan 3 kali, persalinan 1 kali, nifas 4 kali dan neonatus 3 kali. Instrument yang digunakan saat pemeriksaan format pengkajian asuhan kebidanan kehamilan, persalinan, nifas, dan neonatus, buku KIA, *leaflet* dan alat yang digunakan saat pemeriksaan. Pada Ny.C proses kehamilan berlangsung fisiologis dengan keluhan ketidaknyamanan trimester III yaitu nyeri pinggang dan nyeri perut bagian bawah, KSPR skor 2. Pada saat persalinan berlangsung secara normal, bayi lahir spontan dan menangis kuat dengan jenis kelamin perempuan, BB 3500 gram dan PB 50 cm. Pada masa nifas tidak ditemukan masalah dan luka perineum ibu tidak terasa nyeri lagi. Pada kunjungan neonatus tidak ditemukan masalah, dan mengalami kenaikan BB selama kunjungan neonatus yaitu 900 gram, dengan asuhan pijat bayi. Serta perencanaan keluarga berencana, sehingga masalah dapat diatasi ibudan berencana menggunakan KB suntik 3 bulan. Diharapkan kepada PMB Rosita untuk mempertahankan kankualitas pelayanan yang telah diberikan kepada masyarakat dan meningkatkan kembali pelayanan kebidanan masa nifas dengan kunjungan rumah.

Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, nifas, neonatus*

Referensi : 53 Referensi (2010-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU STUDY PROGRAM D III MIDWIFE**

FINAL PROJECT REPORT, MAY 2021

MIMIT NOVIASARI

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M
ININDEPENDENTPRACTICE OF MIDWIFE ROSITA PEKANBARU CITY**

xi +129 pages + 6 tables + 9 attachments

ABSTRACT

Pregnancy is a physiological thing for a woman. During pregnancy, quality care is needed from health workers, especially midwives, namely by implementing comprehensive midwifery care starting from pregnancy, childbirth, postpartum, and neonates, and conducting early detection of risk factors and reducing risk factors. possible complications. Continuity of care care aims to provide continuous services during pregnancy, childbirth, and the postpartum period, both at low and high risk. And the purpose of this LTA is to carry out comprehensive and continuous midwifery care for Mrs. C starting from pregnancy, childbirth, postpartum neonates, and documenting using the SOAP method at PMB Rosita, Pekanbaru city. Midwifery care was carried out from November 2021-February 2022 as many as 11 visits, namely 3 pregnancy visits, 4 postpartum visits and 3 neonates. The instruments used during the examination were the format for assessing midwifery care for pregnancy, childbirth, postpartum, and neonates, MCH books, leaflets and tools used during the examination. In Ny.C the pregnancy process took place physiologically with complaints of third trimester discomfort, namely low back pain and lower abdominal pain, KSPR Ny.C obtained a score of 2. At the time of delivery, the mother gave birth normally (APN) and the I-IV stages proceeded normally. The baby was born crying spontaneously with female gender, 3500 gram BB and 50 cm PB. at the postpartum visit there were no problems and the mother was taught early mobilization, at the neonate visit there were no problems, and experienced an increase in weight during the neonatal visit which was 900 grams, with baby massage care. As well as family planning planning, so that problems can be overcome by the mother and planning to use 3-month injectable contraception. It is hoped that PMB Rosita will maintain the quality of services that have been provided to the community and improve midwifery services during the postpartum period with home visits.

Keywords: Comprehensive Midwifery Care, pregnancy, postpartum, neonates

References : 53 References (2010-2020)