

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022  
RAPIKA YANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. P DI PMB ROSITA  
PEKANBARU TAHUN 2022**

**±133 Halaman, 9 Tabel, 9 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai kehamilan, persalinan, neonatus. Asuhan pada Ny.P G2P0A1H0 diberikan di PMB Rosita dan kunjungan rumah sebanyak 4 kali dari bulan Desember 2021-Februari 2022. Pada masa kehamilan dilakukan kunjungan sebanyak 3 kali, kunjungan nifas 3kali, kunjungan neonatus 2 kali. Keluhan yang dialami Ny.P yaitu ketidaknyamanan fisiologis pada trimester III, yaitu nyeri punggung bagian bawah yang dapat di atasi dengan senam hamil, serinng BAK, dan gangguan tidur pada malam hari. Asuhan lain yang diberikan adalah perawatan payudara, pantau pergerakan janin, dan persiapan persalinan. Persalinan dilakukan secara sectio saecaria dirumah sakit atas indikasi kala 1 memanjang. Bayi lahir dengan BB: 2800 gram PB : 48 cm. Masa nifas berlangsung normal dan tidak ditemukan masalah atau komplikasi. Asuhan yang diberikan yaitu mengajarkan teknik menyusui, pijat oksitosin, dan konseling KB, Ny.P memutuskan memilih KB suntik 3 bulan. Pada kunjungan neonatus tidak ditemukan masalah. Asuhan yang diberikan yaitu pijat bayi. Pada akhir asuhan yaitu pada hari ke 28 berat badan bayi menjadi 3300 gram, kenaikan berat badan bayi dari asuhan pertama sampai akhir asuhan sebanyak 500 gram. Diharapkan tenaga kesehatan khususnya bidan dapat mempertahankan dan mengoptimalkan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas, dan neonatus.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

Referensi : 37 Referensi (2010-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC MINISTRY OF HEALTH RIAU  
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2022  
RAPIKA YANTI**

**COMPREHENSIVE MIDWIFE CARE IN MRS. PAT INDEPENDENT  
MIDWIFERY PRACTICE ROSITA, PEKANBARU, 2022**

**±133 Pages, 9 Tables, 9 Appendices**

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**ABSTRACT**

Midwives play an important role in providing comprehensive and sustainable maternal and child services. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, and neonates. Care for Mrs. P G2P0A1H0 was given at Independent Midwifery Practice Rosita and was also given 4 home visits from December 2021-February 2022. During pregnancy there were 3 visits, 3 postpartum visits, 2 neonatal visits. The complaints experienced by Mrs. P were physiological discomfort in the third trimester, namely lower back pain which can be overcome by pregnancy exercise, frequent urination, and sleep disturbances at night. Other care provided is breast care, monitoring fetal movements, and preparation for delivery. Delivery was carried out by sectionsectarian at the hospital on the indication that the 1st stage was prolonged. Babies born with weight: 2800 grams and length: 48 cm. The postpartum period was normal and no problems or complications were found. The care provided was teaching breastfeeding techniques, oxytocin massage, and family planning counseling, Mrs. P decided to choose a 3-month injectable contraception. At the neonatal visit, no problems were found. The care provided is baby massage. At the end of care, namely on day 28, the baby's weight became 3300 grams, the baby's weight gain from the first care to the end of care was 500 grams. It is hoped that health workers, especially midwives, can maintain and optimize midwifery care in a sustainable and sustainable manner starting from pregnancy, childbirth, postpartum, and neonates.

Keywords: Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonates  
References: 37 References (2010-2020)

