

**POLITEKNIK KESEHATAN KEMENKES RIAU
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**GAMBARAN STATUS EKONOMI KELUARGA, POLA ASUH DAN
STATUS GIZI BALITA DIKECAMATAN SUNGAI TARAB
BATUSANGKAR**

XIII, 35 Halaman, 11 Tabel, 2 Gambar, 4 Lampiran

ABSTRAK

Status gizi anak balita merupakan salah satu indikator yang menggambarkan tingkat kesejahteraan masyarakat. Masalah gizi pada balita banyak dikaitkan dengan status sosial ekonomi keluarga dan pola asuh makan yang tidak baik. Tujuan penelitian ini mengetahui gambaran status ekonomi keluarga, pola asuh dan status gizi balita di Desa Pasir Lawas di Kecamatan Sungai Tarab Batusangkar. Metode penelitian yang digunakan adalah deskriptif dengan pendekatan *cross sectional*. Jenis data pada penelitian ini adalah data primer. Populasi dalam penelitian ini adalah balita yang ada di wilayah Pasir Lawas. Jumlah sampel pada penelitian ini adalah 65 balita.

Hasil Penelitian status ekonomi di Desa Pasir Lawas Sungai Tarab status ekonomi atas sebesar 15,3%, status ekonomi di desa Pasir Lawas Sungai Tarab status ekonomi miskin 18,6% dan tergolong tidak miskin 81,53%. Pola asuh pemberian makan dan perawatan balita sudah baik dan status gizi balita berdasarkan BB/U di Desa Pasir Lawas Kecamatan Sungai Tarab sudah tergolong baik ditandai gizi kurang sebesar 7,6%, gizi lebih 3,7% dan gizi normal sebesar 89,23%. Diharapkan pada penelitian selanjutnya sebagai bahan acuan melakukan penelitian lebih lanjut.

Daftar pustaka : Referensi (2012-2020)

Kata Kunci : Status Gizi, Pola Asuh, Status Ekonomi

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**AN OVERVIEW OF FAMILY ECONOMIC STATUS, PERENTING
PATTERNS AND NUTRITIONAL STATUS OF TOLDDLER IN SUNGAI
TARAB BATUSANGKAR**

XIII, 35 Pages, 11 Tables, 2 Figures, 4 Appendix

ABSTRACT

The nutritional status of children under five is one indicator that describes the level of community welfare. Nutritional problems in children under five are often associated with family socioeconomic status and poor food parenting. The purpose of this study was to determine the description of the family's economic status, parenting and nutritional status of children under five in Pasir Lawas Village in Sungai Tarab Batusangkar District. The research method used is descriptive with a cross sectional approach. The type of data in this study is primary data. The population in this study were toddlers in the Pasir Lawas area. The number of samples in this study were 65 children under five.

The results of the study of economic status in the village of Pasir Lawas Sungai Tarab, the upper economic status was 15.3%, the economic status in the village of Pasir Lawas Sungai Tarab was 18.6% poor and classified as not poor 81.53%. Parenting patterns for feeding and caring for toddlers are good and the nutritional status of toddlers based on BB/U in Pasir Lawas Village, Sungai Tarab District is classified as good, marked by 7.6% less nutrition, 3.7% over nutrition and 89.23% normal nutrition. . It is hoped that further research will serve as a reference material for further research.

Bibliography : References (2012-2020)

Keywords : Nutritional Status, Parenting Pattern, Family Economic Status