

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022
QHORY NASWITA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N
DI KLINIK PMB SITI JULAEHA KOTA PEKANBARU TAHUN 2022**

xii + 100 Halaman + 7 Tabel + 8 Lampiran

ABSTRAK

Anemia merupakan salah satu dari penyebab terjadinya komplikasi, baik pada saat kehamilan, persalinan, nifas dan juga neonatus. Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan. Asuhan komprehensif ini dilakukan untuk memantau kesejahteraan pasien dan melakukan pencegahan serta penanganan dini pada komplikasi mulai kehamilan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny.N G₁P₀A₀ diberikan di PMB Siti Julaeha kota Pekanbaru dari bulan Desember 2021-Maret 2022. Pada masa kehamilan dilakukan sebanyak 5 kali kunjungan, persalinan 1 kali, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Instrumen yang digunakan saat kunjungan yaitu format pengkajian asuhan kebidanan kehamilan, nifas dan neonatus, buku KIA, *leaflet* dan alat-alat yang digunakan saat pemeriksaan. Keluhan yang dialami oleh Ny.N adalah nyeri ulu hati dan juga kram pada perut, diberikan asuhan sesuai kebutuhan dan masalah dapat diatasi. Bayi lahir secara spontan dan normal dengan BB: 3.700 gram PB: 51 cm. Pada kunjungan masa nifas, ASI belum lancar dilakukan asuhan teknik menyusui dan juga pijat oksitosin sehingga masalah dapat diatasi. Ibu berencana menggunakan KB suntik 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, terjadi peningkatan berat badan bayi sebanyak 1.400 gram dan dilakukan asuhan perawatan tali pusat, pada hari ke-6 tali pusat sudah puput. Diharapkan tenaga kesehatan khususnya bidan dapat tetap melanjutkan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, nifas dan neonatus

Kata Kunci: *Asuhan Kebidanan Komprehensif, Anemia, hamil, nifas, neonatus*
Referensi : 32 Referensi (2010-2020)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, RIAU
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2022
QHORY NASWITA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. N
AT SITI JULAEHA INDEPENDENT MIDWIFERY PRACTICE
PEKANBARU CITY**

xii + 100 Pages + 7 Tables + 8 Appendices

ABSTRACT

Anemia is one of the causes of complications during pregnancy, childbirth, postpartum and also neonates. Midwives play an important role in providing comprehensive and sustainable maternal and child services. This comprehensive care is carried out to monitor the patient's well-being and to prevent and treat complications from pregnancy, postpartum and neonate early. Comprehensive and continuous care for Mrs. N G₁P₀A₀ is provided at Siti Julaeha Independent Midwifery Practice Pekanbaru city from December 2021-March 2022. During pregnancy, there are 5 visits, 1 delivery visit, 4 postpartum visits, 3 neonates visits. The instruments used during the visit were the format for the assessment of midwifery care for pregnancy, postpartum and neonates, MCH books, leaflets and the tools used during the examination. Complaints experienced by Mrs. N are heartburn and cramps in the stomach, given care as needed and problems can be overcome. The baby was born spontaneously and normally with body weight of 3,700 grams and body length of 51 cm. At the postpartum visit, breastfeeding was not yet smooth, breastfeeding techniques and oxytocin massage were also carried out so that the problem could be overcome. the mother plans to use a 3-month injection KB. At the neonate's visit, baby massage was performed, there was an increase in the baby's weight by 1,400 grams and umbilical cord care was carried out, on the 6th day the umbilical cord had fallen off. It is hoped that health workers, especially midwives, can continue to carry out midwifery care in a sustainable and sustainable manner starting from the period of pregnancy, childbirth and neonates.

**Keywords : Comprehensive Midwifery Care, anemia,
pregnancy, childbirth, neonates**
References : 32 References (2010-2020)