

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
MIDWIFERY DIII STUDY PROGRAM**

**FINAL REPORT, JUNE 2022
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**COMPREHENSIVE MIDWIFERY CARE IN MRS “H”
IN MIDWIFE INDEPENDENT PRACTICE LILIS SUGIANTI
PEKANBARU CITY, 2022**

XII + 129 Pages + 8 Table + 3 Pictures + 9 Attachments

ABSTRACT

Pregnancy is a physiological thing for a woman. During pregnancy, quality care is needed from personnel, especially midwives, by implementing comprehensive midwifery. Comprehensive midwifery care is one of the efforts to reduce maternal and infant mortality rates. This case report aims to provide Continuity of Midwifery Care (CoMC) from the third trimester of pregnancy, childbirth, the puerperium, and neonates at PMB Lilis Sugianti, Pekanbaru city. Midwifery care was carried out from December 2021 - March 2022 as many as 13 visits. On Mrs. H The process is physiological, although there are complaints from the third trimester such as the abdomen and BMI Mrs. H is included in the Obesity group, this can be overcome by providing ongoing health care and education related to it. KSPR Mrs. H got a score of 2. At the time of delivery, the mother gave birth with Normal Delivery Care (NDC) and the I-IV stages went normally, previously in the first stage Birthing Ball care was given which aims to reduce pain and the first stage process. The baby born crying spontaneously, female gender, weight 3900 grams and body length 55 cm. At the postpartum visit, the mother was taught early mobilization, and postpartum exercises for uterine involution. In the neonate period, there were no problems and experienced an increase in weight on the 28th day, which was 4600 grams with baby care. For health workers, especially midwives, can carry out midwifery care on an ongoing basis, one of which is when delivery is carried out according to APN standards and the provision of *Birthball* care which is proven to have an effect on maternal comfort and shortens.

Keywords : *Comprehensive Midwifery Care, Birthing Ball, CoMC*

References : 45 References (2012-2020)