

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PMB DINCE  
SAFRINA KOTA PEKANBARU TAHUN 2022**

**x + 106 Halaman + 6 Tabel + 10 Lampiran**

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**ABSTRAK**

Komplikasi utama yang menyebabkan hampir 75% dari semua kematian ibu adalah perdarahan hebat setelah melahirkan, infeksi, tekanan darah tinggi selama kehamilan (pre-eklampsia dan eklampsia), komplikasi dari persalinan, dan aborsi yang tidak aman. Upaya yang dapat dilakukan oleh bidan dalam membantu menurunkan AKI dan AKB salah satunya dengan melakukan asuhan kebidanan secara komprehensif dan berkesinambungan yang mana hal tersebut biasanya disebut dengan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan komprehensif dari kehamilan, persalinan, nifas dan neonatus pada Ny. W G2P1A0H1 di PMB Dince Safrina. Asuhan ini dilakukan dengan manajemen kebidanan dan didokumentasikan menggunakan metode SOAP. CoMC ini dilakukan dari bulan Desember 2021 hingga Januari 2022 sebanyak 3 kali kunjungan selama kehamilan Trimester III, persalinan, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan Trimester III, ditemukan keluhan nyeri perut bagian bawah, fluor albus, dan kontraksi palsu. Ibu diberikan pendidikan kesehatan dan diajarkan senam hamil dan personal hygiene sehingga keluhan dapat diatasi. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan memberikan asuhan *Birth ball* untuk mempercepat kemajuan persalinan. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 3300 gram, jenis kelamin laki-laki. Pada masa nifas berlangsung normal, ibu diajarkan mobilisasi dini, senam nifas, dan skrining *Edinburgh Postnatal Depression Scale (EPDS)*. Pada masa neonatus dilakukan pijat bayi dan ASI eksklusif untuk meningkatkan berat badan bayi. Dimana terjadi kenaikan berat badan bayi sebesar 1200 gram menjadi 4500 gram pada usia 25 hari. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

**Referensi : 57 Referensi (2010-2022)**

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA  
POLYTECHNIC OF HEALTH, RIAU  
STUDY PROGRAM D III OF MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2022**

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**COMPREHENSIVE MIDWIFERY CARE IN MRS. W IN INDEPENDENT  
MIDWIFERY PRACTICE DINCE SAFRINA PEKANBARU CITY, 2022**

**x + 106 Pages + 6 Tables + 10 Appendices**

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**ABSTRACT**

The main complications that cause almost 75% of all maternal deaths are severe postpartum bleeding, infection, high blood pressure during pregnancy (pre-eclampsia and eclampsia), complications from childbirth, and unsafe abortion. One of the efforts that midwives can do to help reduce Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) is to carry out comprehensive and sustainable midwifery care, which is usually called the Continuity of Midwifery Care (CoMC) method. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum and neonate to Ny. W G2P1A0H1 at Independent Midwifery Practice Dince Safrina. This care is carried out by midwifery management and documented using the SOAP method. The CoMC was carried out from December 2021 to January 2022 for 3 visits during the third trimester of pregnancy, delivery, 4 visits during the puerperium and 3 visits during the neonate. During the third trimester of pregnancy, complaints of lower abdominal pain, fluor albus, and false contractions were found. Mothers are given health education and taught pregnancy exercises and personal hygiene so that complaints can be overcome. Delivery assistance is carried out according to Normal Childbirth Care (NCC) standards and provides Birth ball care to speed up the progress of labor. The baby was born spontaneously, cried loudly, good muscle tone, active movement, weight 3300 grams, male gender. During the normal postpartum period, mothers were taught early mobilization, postpartum exercise, and Edinburgh Postnatal Depression Scale (EPDS) screening. During the neonate period, infant massage and exclusive breastfeeding were carried out to increase the baby's weight. Where there is an increase in the baby's weight by 1200 grams to 4500 grams at the age of 25 days. It is recommended to midwives as health workers to maintain comprehensive and sustainable midwifery services, especially care for pregnant women, maternity, postpartum and neonates.

**Keywords : Comprehensive Midwifery Care, pregnancy, childbirth, childbirth, neonates**

**References : 57 References (2010-2022)**