

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2022
SALSABILA ANDARI KANISSHA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI PMB
ELIDAWATI KOTA PEKANBARU TAHUN 2022
xii ± 123 HALAMAN, 8 TABEL, LAMPIRAN**

ABSTRAK

Pelayanan Kesehatan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan di PMB Elidawati kota Pekanbaru dari bulan Desember-Februari 2022 kepada Ny.Y G4P2A1H2 usia kehamilan 36 minggu-aterm. Pada masa kehamilan dilakukan asuhan sebanyak 4 kali, mulai kehamilan 36 minggu, keluhan yang ibu alami adalah nyeri pinggang dengan diberikan asuhan posisi tidur dengan kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB 3300 gram PB 50 cm, perdarahan ±100 cc, kontraksi baik, plasenta lahir lengkap, dengan laserasi jalan lahir derajat 2. Pada masa nifas dilakukan sebanyak 4 kali kunjungan, nifas normal dengan masalah nyeri dan pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, pijat okstitosin, pijat payudara dan penkes mengenai keluarga berencana sehingga masalah dapat diatasi ibu akseptor KB jenis Pil. Kunjungan neonatus dilakukan sebanyak 3 kali, Asuhan neonatus yang diberikan adalah pijat bayi, terjadi peningkatan berat badan bayi pada hari ke-15 sebanyak 500 gram, pada hari ke-5 tali pusat sudah puput dan tidak ada tanda-tanda infeksi. Diharapkan tenaga kesehatan khususnya bidan untuk mempertahankan dan mengoptimalkan asuhan komperhensif pada masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : *Asuhan Kebidanan, Kompehensif, hamil, bersalin, nifas, neonatus.*

Daftar Bacaan : 36 referensi (2010-2021)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, RIAU
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MARCH 2022
SALSABILA ANDARI KANISSHA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. Y AT ELIDAWATI
INDEPENDENT MIDWIFERY PRACTICE PEKANBARU CITY**

xii ± 123 Pages, 8 Tables, Appendices

ABSTRACT

Health services play an important role in providing comprehensive and sustainable maternal and child services. This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonate. Comprehensive and continuous care at Elidawati Independent Midwifery Practice, Pekanbaru city from December-February 2022 for Mrs. Y G4P2A1H2, 36 weeks of gestation. During pregnancy, care was carried out 4 times, starting at 36 weeks of pregnancy, the complaint that the mother experienced was low back pain by being given sleeping position care with the needs and problems can be overcome. Delivery care was in accordance with Normal Childbirth Care, the baby was born spontaneously with weight of 3300 grams, length of 50 cm, bleeding ± 100 cc, good contractions, complete delivery of the placenta, with 2nd degree birth canal laceration. During the postpartum, 4 visits were made, the postpartum was normal with pain problems and the milk was not released smoothly. Mothers are taught breastfeeding techniques, oxytocin massage, breast massage and health education regarding family planning so that problems can be overcome by acceptor contraception in Pills. Neonatal visits were carried out 3 times. Neonatal care provided was baby massage, there was an increase in the baby's weight on the 15th day as much as 500 grams, on the 5th day the umbilical cord had fallen off and there were no signs of infection. It is expected that health workers, especially midwives, are expected to maintain and optimize comprehensive care during pregnancy, childbirth, postpartum and neonate.

Keywords : Comprehensive Midwifery Care, pregnancy, childbirth, neonates

References : 36 References (2010-2021)