

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022  
LAILATUL BADRIYAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK  
PRATAMA JAMBU MAWAR PEKANBARU TAHUN 2022**

**xii halaman, 144 Halaman, 8 Tabel, 3 gambar, 9 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny.S G<sub>1</sub>P<sub>0</sub>A<sub>0</sub>H<sub>0</sub> diberikan di Klinik Pratama Jambu Mawar kota Pekanbaru dari bulan Desember 2021 - Februari 2022. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan dengan keluhan yang ibu alami adalah nyeri pinggang, hasil pemeriksaan Kartu Skor Poedji Rochjati didapatkan nilai 6 dikarenakan tinggi badan ibu 142 cm, ibu termasuk kategori kehamilan dengan resiko tinggi dan diberikan asuhan sesuai dengan kebutuhan, masalah dapat diatasi serta dilakukan kolaborasi dengan dokter untuk USG dengan hasil ibu dapat dipersiapkan untuk bersalin secara normal. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan, BB 3000 gram, plasenta lahir lengkap, laserasi jalan lahir derajat II dan dilakukan penjahitan perineum. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan dengan masalah pengeluaran ASI yang belumlah lancar, Ibu diajarkan teknik menyusui, pijat okstitosin dan ASI mulai lancar pada hari ke-3. ibu menggunakan KB Suntik 3 Bulan. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan dengan masalah ikterik fisiologis, Asuhan yang diberikan yaitu perawatan bayi sehari hari, tali pusat dan bayi ikterik fisiologis sesuai dengan kebutuhan dan ikterik menghilang pada hari ke-3. pada hari ke-5 tali pusat sudah puput, terjadi peningkatan berat badan bayi sebanyak 800 gram pada hari ke-28. Diharapkan bidan dapat mempertahankan asuhan kebidanan pada masa hamil, nifas dan neonatus serta memberikan pendidikan kesehatan mengenai ASI Eksklusif yang akan berdampak untuk menurunkan risiko ikterus fisiologis.

**Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

**Referensi : 66 Referensi (2010-2020)**

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA  
POLYTECHNIC OF HEALTH, RIAU  
STUDY PROGRAM D III OF MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2022  
LAILATUL BADRIYAH**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. S AT KLINIK  
PRATAMA JAMBU MAWAR PEKANBARU CITY**

**xii pages, 144 Pages, 8 Tables, 3 pictures, 9 Appendices**

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**ABSTRACT**

Midwives play an important role in providing comprehensive and sustainable maternal and child services. This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonate. Comprehensive and continuous care for Mrs. S G1P0A0H0 was provided at the Jambu Mawar Pratama Clinic, Pekanbaru city from December 2021 - February 2022. During pregnancy 4 visits were made with the complaint that the mother experienced low back pain, the results of the Poedji Rochjati Score Card examination were obtained the value of 6 is because the mother's height is 142 cm, the mother belongs to the category of high-risk pregnancy and is given care according to needs, problems can be overcome and collaboration with doctors for ultrasound results can be prepared for normal delivery. The delivery care was in accordance with Normal Delivery Care (APN), the baby was born spontaneously, the weight was 3000 grams, the placenta was complete, the birth canal laceration was grade II and perineal suturing was performed. Postpartum visits were carried out 4 times with problems expressing breast milk that had not been smooth, Mother was taught breastfeeding techniques, oxytocin massage and breast milk started smoothly on the 3rd day. Mother used 3-Month Injectable KB. Neonatal visits were carried out 3 times with physiological icteric problems. The care provided was daily baby care, umbilical cord and physiological icteric babies according to their needs and the icteric disappeared on the 3rd day. on the 5th day the umbilical cord had fallen off, there was an increase in the baby's weight as much as 800 grams on the 28th day. It is expected that midwives can maintain midwifery care during pregnancy, postpartum and neonates and provide health education about exclusive breastfeeding which will have an impact on reducing the risk of physiological jaundice.

**Keywords : Comprehensive Midwifery Care, pregnancy, childbirth,  
postpartum, neonates**

**Referenc : 66 References (2010-2020)**