

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLTEKKES KEMENKES RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2022  
TASYA AMMELINDA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. F  
DI PRAKTIK MANDIRI BIDAN HASNA DEWI KOTA PEKANBARU**

**xii ±116 Halaman, 7 Tabel, 12 Lampiran**

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**ABSTRAK**

Kematian ibu pada tahun 2020 sebanyak 4.627 kematian dan kematian anak pada tahun 2020 sebanyak 28.158 kematian. Upaya-upaya yang diperlukan untuk menekan kenaikan angka tersebut yaitu melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan, yang bertujuan untuk memberikan pelayanan yang berkualitas dan dimulai dari masa kehamilan, persalinan, nifas, KB, dan neonatus, serta mendokumentasikan dengan menggunakan metode SOAP. Asuhan di berikan pada Ny. F G1P0A0H0 pada usia kehamilan 36-37 minggu di PMB Hasna Dewi bulan Desember 2021 sampai Februari 2022. Asuhan berupa kunjungan hamil 3 kali, pertolongan persalinan, nifas 4 kali dan neonatus 3 kali. Selama kehamilan ibu mengeluh nyeri perut bagian bawah dan *Braxton Hicks*, di berikan asuhan sesuai dengan kebutuhan dan masalah dapat di atasi. Pada saat persalinan terdapat keluhan nyeri kontraksi persalinan dan diberikan asuhan sayang ibu berupa *birth ball* dan teknik relaksasi sehingga proses persalinan berlangsung normal. Bayi lahir dengan jenis kelamin laki-laki, berat badan 3.600 gram, panjang badan 50 cm. Saat kunjungan nifas keluhan yang didapatkan yaitu bendungan ASI dan nyeri pada bekas jahitan, dengan diberikan asuhan yaitu pijat payudara masalah dapat teratasi. Pada kunjungan neonatus ibu mengeluh bayinya rewel dan dilakukan asuhan pijat bayi sehingga dapat meningkatkan kualitas tidur bayi dan kenaikan berat badan bayi 400 gram. Di harapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas, KB dan neonatus

**Kata Kunci: Kehamilan, Persalinan, Nifas, Neonatus dan Komprehensif**

Referensi: 31 Referensi (2012-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTCHNIC OF, RIAU  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2022  
TASYA AMMELINDA**

**COMPREHENSIVE MIDWIFERY CARE TO MRS. F  
AT HASNA DEWI INDEPENDENT MIDWIFERY PRACTICE  
PEKANBARU CITY**

**x ±122 pages, 7 tables, 12 Attachments**

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**ABSTRACT**

Maternal deaths in 2020 were for 4,627 deaths and child deaths were 28,158 deaths. The effort needed to reduce those numbers is by carrying out continuous and sustainable midwifery care, which aims to provide quality services from pregnancy, childbirth, postpartum, family planning, and neonates, as well as documenting using the SOAP method. The care given to Mrs. F G1POA0H0 at 36-37 weeks of gestation at Hasna Dewi Independent Midwifery Practice from December 2021 to February 2022. Care in the form of 3 pregnancy visits, delivery assistance, 4 times postpartum and neonates 3 times. During pregnancy the mother complained of lower abdominal pain and Braxton Hicks was given care according to her needs and the problem could be overcome. At the time of delivery there were complaints of pain in labor contractions and the mother was given loving care in the form of birth balls and relaxation techniques so that the labor process took place normally. The baby was born with a male gender, weight 3600 grams, body length 50 cm. During the postpartum visit, the complaints obtained were breast milk dams and pain at the suture marks, with care, namely breast massage, the problem could be resolved. At the neonatal visit, the mother complained that her baby was fussy and was given baby massage care so that it could improve the baby's sleep quality and the baby's weight gain was 400 grams. It is hoped that health workers, especially midwives, can carry out midwifery care in a sustainable and sustainable manner in accordance with the standard of care for midwifery services starting from pregnancy, childbirth, postpartum, family planning and neonates.

**Keywords: Pregnancy, Childbirth, Postpartum, Neonates and Comprehensive**

Reference: 31 Reference (2012-2020)