

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2022**

**JIHAN FADHILAH RISAE**

**Asuhan Kebidanan Komprehensif pada Ny.E di Praktik Mandiri Bidan  
Rosita Kota Pekanbaru**

**103 Halaman + 7 Tabel + 7 Lampiran**

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**ABSTRAK**

*Continuity of Midwifery Care (CoMC)* merupakan salah satu model asuhan kebidanan yang apabila dilakukan dengan baik dan benar dapat meningkatkan kualitas asuhan dalam layanan kesehatan ibu dan anak (KIA) sehingga diharapkan dapat berkontribusi dalam percepatan penurunan AKI dan AKB. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas dan neonatus. Asuhan ini dimulai sejak tanggal 20 Desember 2021 hingga 20 Februari 2022 pada Ny.E di PMB Rosita dimulai pada usia kehamilan 36 minggu dan diikuti dengan 3 kali kunjungan kehamilan. Terdapat keluhan berupa nyeri perut bagian bawah dan nyeri pinggang yang diatasi dengan pemberian pendidikan kesehatan secara berkelanjutan. Persalinan Ny.E terjadi pada usia kehamilan 39 minggu. Persalinan dilakukan secara *Seksio Sesarea* karna adanya plasenta previa. Asuhan masa nifas dilakukan 3 kali kunjungan rumah, didapati keluhan berupa rasa mules yang dapat diatasi dengan memberikan pendidikan kesehatan mengenai fisiologi rasa mules. Kunjungan neonatus dilakukan berdampingan dengan kunjungan nifas yaitu sebanyak 2 kali kunjungan (KN). Selama memberikan asuhan neonatus, bayi hanya diberi ASI saja. Tidak terjadi masalah pada neonatus, Asuhan yang diberikan pada neonatus berupa pendidikan kesehatan mengenai pemberian ASI yang sering pada bayi, menjemur bayi dan selalu menjaga kebersihan bayi. diharapkan Bidan dalam memberikan asuhan kebidanan komprehensif dan berkesinambungan selalu menerapkan manajemen kebidanan. Selain itu, memperhatikan dan meningkatkan kompetensi dalam memberikan asuhan kebidanan sesuai standar pelayanan kebidanan.

**Kata Kunci : Asuhan, Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus**

**Daftar Pustaka : 80 (2011-2020)**

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
POLYTECHNIC MINISTRY OF HEALTH RIAU  
DIPLOMA III OF MIDWIFERY DEPARTMENT**

**FINAL PROJECT REPORT, MEI 2022**

**JIHAN FADHILAH RISAE**

***Comprehensive Midwifery Care of Mrs. E in the Praktik Mandiri Bidan Rosita  
city Pekanbaru***

***103 Pages + 7 Table + 7 Attachment***

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***ABSTRACT***

*Continuity of Midwifery Care (CoMC) is one of the models of midwifery care which, if done properly and correctly, can improve the quality of care in maternal and child health services (MCH) so that it is expected to contribute to accelerating the decline in MMR and IMR. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum and neonate. This care starts from December 20, 2022 to February 20, 2022 for Mrs. E at PMB Rosita starting at 36 weeks of gestation and followed by 3 pregnancy visits. There are complaints in the form of lower abdominal pain and low back pain which are overcome by providing continuous health education. Mrs. E's delivery occurred at 39 weeks of gestation. Delivery was performed by cesarean section due to placenta previa. Postpartum care was carried out 3 times home visits, complaints were found in the form of heartburn which can be overcome by providing health education about the physiology of heartburn. Neonatal visits were carried out side by side with postpartum visits, namely 3 visits (KN). While providing neonatal care, the baby is only given breast milk. There were no problems for neonates. The care given to neonates was in the form of health education about frequent breastfeeding for babies, drying babies and always keeping babies clean. It is expected that midwives in providing comprehensive and sustainable midwifery care (CoMC) always apply midwifery management. In addition, pay attention to and improve competence in providing midwifery care according to midwifery service standards. found complaints in the form of heartburn which can be overcome by providing health education about the physiology of heartburn. The care given to neonates is in the form of health education regarding frequent breastfeeding for babies, drying babies and always keeping babies clean. It is expected that midwives in providing comprehensive and sustainable midwifery care always apply midwifery management. In addition, pay attention to and improve competence in providing midwifery care according to midwifery service standards.*

***Keywords: Care, obstetrics, pregnancy, childbirth, postpartum, neonates***

***References: 80 (2011-2020)***