

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JANUARI 2022  
NADIA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “W” DI KLINIK  
PRATAMA TAMAN SARI 4**

**XI + 98 Halaman + 7 Tabel + 9 Lampiran**

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**ABSTRAK**

Bidan merupakan tenaga kesehatan yang memiliki kewenangan untuk menyelenggarakan pelayanan asuhan kebidanan pada persalinan, nifas dan neonatus. Asuhan ini dilakukan untuk memberikan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. W DI Klinik Pratama Taman Sari 4 dengan pendekatan manajemen kebidanan dari masa kehamilan, persalinan, nifas, neonatus dan keluarga berencana serta mendokumentasikan dengan menggunakan metode SOAP. Asuhan ini dimulai pada bulan Oktober 2021 hingga Januari 2022 pada Ny. W di Klinik Pratama Taman Sari 4, dimulai dari usia kehamilan 34 minggu, dengan 4 kali kunjungan kehamilan. Keluhan yang ibu alami selama kehamilan yaitu nyeri pinggang dan *Braxton Hicks* yang diatasi dengan memberikan pendidikan kesehatan dan kompres air hangat. Proses persalinan di lakukan sesuai APN, bayi lahir spontan, jenis kelamin laki-laki, berat badan 3,200 gr. IMD berhasil pada menit ke 45. Asuhan masa nifas dilakukan 4 kali, dengan keluhan yang ibu alam yaitu rasa mules, yang dapat diatasi dengan memberikan pendidikan kesehatan mengenai fisiologi rasa mules dan ASI tidak lancar dan dapat di atas dengan cara sering menyusui bayinya, dan memberikan sayuran katu. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan, bayi ASI eksklusif serta bayi menyusu kuat dan sering. Selain itu bayi diberikan asuhan pijat bayi. Berat bayi terjadi kenaikan 1000 gr dari berat lahir. Di harapkan kepada Klinik Pratama Taman Sari 4 agar dapat meningkatkan asuhan CoMC maupun home care, serta memberikan asuhan tidak hanya memberikan asuhan di klinik saja, namun juga melakukan pemantauan melalui media seperti WhatsApp/Telengram agar komunikasi antara bidan dan pasien tetap berjalan dengan continuity.

**Kata Kunci : *Asuhan Hamil, Bersalin, Nifas, Neonatus, Komprehensif***

**Referensi : 35 (2011-2020)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH  
POLYTECHNIC MINISTRY OF HEALTH RIAU  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JANUARY 2022  
NADIA PRINCESS**

**COMPREHENSIVE MIDWIFE CARE IN NY. “W” IN TAMAN SARI  
PRATAMA CLINIC 4**

**XI + 98 Pages + 7 Tables + 9 Attachments**

**ABSTRACT**

Midwives are health workers who have the authority to provide midwifery care services in childbirth, postpartum and neonates. This care is carried out to provide comprehensive and continuous midwifery care to Mrs. W DI Clinic Pratama Taman Sari 4 with a midwifery management approach from pregnancy, childbirth, postpartum, neonates and family planning and documenting using the SOAP method. This care starts in October 2021 until January 2022 on Mrs. W at Taman Sari 4 Primary Clinic, starting at 34 weeks of gestation, with 4 pregnancy visits. Complaints that mothers experience during pregnancy are low back pain and *Braxton Hicks* which are overcome by providing health education and warm compresses. The delivery process was carried out according to the APN, the baby was born spontaneously, the sex was male, the weight was 3,200 gr. The IMD was successful at 45 minutes. The postpartum care was carried out 4 times, with complaints that the mother experienced, namely heartburn, which can be overcome by providing health education regarding the physiology of heartburn and breast milk is not smooth and can be overcome by breastfeeding the baby frequently, and giving katey vegetables. Neonatal visits were carried out 3 times, exclusively breastfed babies and babies suckled strongly and frequently. In addition, babies are given baby massage care. The baby's weight increased by 1000 g from birth weight. It is hoped that the Taman Sari 4 Primary Clinic will be able to improve CoMC and home care, as well as provide care not only providing care at the clinic, but also monitoring through media such as WhatsApp/Telenggram so that communication between midwives and patients continues with continuity.

**Keywords : *Pregnancy Care, Maternity, Postpartum, Neonate, Comprehensive***

**Reference : 35 (2011-2020)**